Selective Production of Rydberg-Stark States of Positronium

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Rydberg positronium (Ps) atoms have been prepared in selected Stark states via two-step (1s → 2p → nd/ns) optical excitation. Two methods have been used to achieve Stark-state selection: a field ionization filter that transmits the outermost states with positive Stark shifts, and state-selected photoexcitation in a strong electric field. The former is demonstrated for n = 17 and 18 while the latter is performed for n = 11 in a homogeneous electric field of 1.9 kV/cm. The observed spectral intensities and their dependence on the polarization of the laser radiation are in agreement with calculations that include the perturbations of the intermediate n = 2 manifold. Our results pave the way for the generation of Rydberg Ps atoms with large electric dipole moments that are required for the realization of schemes to control their motion using inhomogeneous electric fields, an essential feature of some proposed Ps free-fall measurements requiring focused beams of long-lived atoms.

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The concept of using inhomogeneous electric fields to manipulate the motion of electrically neutral atomic or molecular systems that possess nonzero electric dipole moments has been around for many years [1]. Applying such methods to atoms and molecules in high Rydberg states, which have large electric dipole moments, allows strong forces to be generated, facilitating exceptional control [2–4]. In this way atom-optics elements for neutral atoms may be constructed, including electrostatic mirrors [5], lenses [6], and three-dimensional traps [7,8].

It would be particularly advantageous to use similar methods to control positronium (Ps) atoms because the manner in which they are created invariably leads to energetic and divergent beams (e.g., Ref. [9]). Moreover, because it is composed of a particle-antiparticle pair Ps is intrinsically unstable, and ground state triplet atoms self-annihilate with a mean lifetime of 142 ns [10]. Ps decay can be avoided, however, by excitation into Rydberg states for which annihilation is negligible. The use of electric fields for deceleration and focussing of Rydberg Ps atoms would enable a wide range of experiments, from spectroscopic studies to gravity measurements.

For Rydberg Ps atoms with radiative lifetimes significantly greater than 142 ns, annihilation is no longer a defining characteristic of the system, and these atoms can be thought of simply as very low mass (M = 2m_e) hydrogenic atoms. There is, therefore, no fundamental reason why one cannot use inhomogeneous electric fields to control Rydberg Ps atoms in the same way as has been demonstrated for hydrogen [11] and other atoms and molecules. In fact, Ps is ideally suited to manipulation in this way: the kinetic energy that has to be extracted from a thermal Ps atom to bring it to rest (25 meV) is comparable to what has already been demonstrated (40 meV) [12]. The application of these methods to Ps has not yet been realized, even though Rydberg Ps was first generated in the laboratory more than two decades ago [13]. In that work the efficiency with which Rydberg atoms were created and detected was low, and it was possible only to demonstrate the production of a few high-lying states (n = 13–15). More recently positron trapping techniques [14] have been used to generate Rydberg Ps much more efficiently [15], making further experimentation feasible. There are, for example, experiments currently underway to use Rydberg Ps atoms to produce antihydrogen [16,17], create electron-positron plasmas [18], and perform precision, Doppler-corrected, Ps spectroscopy [19]. The ultimate goal of the present work is to make a focussed Ps beam suitable for gravity measurements [20].

The ability to selectively populate individual Rydberg-Stark states is a prerequisite for many schemes designed to control Ps atoms via their electric dipole moments. Achieving this goal with Ps is especially challenging because the production mechanism generally leads to atoms that are few in number, spread out spatially, fast-moving, and close to a solid surface, all of which are detrimental to spectroscopic investigations in homogeneous electric fields. We describe here experiments in which these obstacles are addressed, and Ps atoms are excited to selected Rydberg-Stark states. We use the same 1s → 2p → nd/ns two-step excitation scheme demonstrated previously [13,15,19,21], except in this case the infrared (IR) laser used to drive the 2p → nd/ns transitions has a narrower bandwidth of ∼5 GHz, while the bandwidth of the ultraviolet (UV) laser is ∼85 GHz.

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The positron beam and trap system used here is similar to that described elsewhere [22]. Positrons are accumulated for 1 s in the trap in an axial magnetic field of ~600 G, and then implanted into the target in a 4 ns wide pulse with a diameter of 2.5 mm. Each pulse contains ~5×10⁵ positrons, of which ~30% form Ps atoms.

The target used in this work was a porous silica film [23] which, following irradiation with keV positrons, emits ground-state Ps atoms into vacuum with near thermal energies [24]. When Ps atoms annihilate, either by self-annihilation or following collisions with electrodes or the vacuum chamber, they emit gamma radiation, with photon energies ≤511 keV [10]. The time dependence of this emission can be used to monitor the production of Ps atoms, and subsequent laser excitation thereof, using single-shot positron annihilation lifetime spectroscopy (SSPALS) [25]. The gamma ray detector used here was a lead tungstate scintillator attached to a photomultiplier tube [26]. It was located ~4 cm from the silica target, such that long-lived Ps atoms moved towards it (see Fig. 1). The SSPALS annihilation signal is characterized using the fraction, f,

\[
f = \int_{t_B}^{t_C} V(t)dt / \int_{t_A}^{t_C} V(t)dt,
\]

where \( V(t) \) refers to the time-dependent voltage output from the detector. The integration regions are chosen depending on the processes that are to be studied, and are defined relative to the positron pulse implantation time. We characterize laser-induced effects using the parameter \( S = (f_{bk} - f_{sig})/f_{bk} \), where \( f_{bk} \) refers to background measurements [with the laser(s) tuned off resonance] and \( f_{sig} \) to a measurement made with the lasers set up to drive the transitions to be studied.

![FIG. 1 (color online). (a) Example of single shot lifetime spectra with lasers on and off resonance as indicated, and (b) a schematic of the target chamber and Ps formation region. The time windows used to analyze the lifetime spectra are indicated by the dashed lines in (a). The shaded regions in (b) roughly correspond to annihilation times up to 226 ns (dark region) and later than 226 ns (light region).](image)

The silica target was mounted 8 mm behind a transmission grid (nominal open area 70%), allowing independent control of the positron beam implantation energy and the electric field in the excitation region. This made it possible to conduct experiments in arbitrary electric fields without affecting the ground state Ps properties. For typical Ps velocities the mean time to travel from the silica target to the grid was ~100 ns, but due to the Ps velocity and angular distributions the flight-time distribution downstream is rather broad. However, all of the Rydberg states produced in this work have lifetimes exceeding 1 μs (e.g., Ref. [20]) and will therefore live long enough to reach the grid. The target layout is shown in Fig. 1, along with examples of single shot lifetime spectra with the laser on and off resonance. The former shows an excess of gamma radiation at longer times, which gives rise to negative S values using the analysis described above. Also visible are annihilations at earlier times due to Ps atoms colliding with the grid.

Rydberg Ps atoms were prepared using a two-step excitation scheme [13,15,19], driven by the output of two pulsed dye lasers pumped by the same Nd:YAG laser (pulse width 7 ns). The 1s → 2p transition was driven using ~0.5 mJ of 243 nm light, while 2p → nd/ns transitions were driven using IR light, tunable from 729–769 nm. An IR fluence of ~2 mJ/cm² was found to be sufficient to saturate the 2p → 11d transition. The ~90 GHz spectral resolution of our measurement was dominated by the bandwidth of the UV laser, and for scans conducted in strong electric fields the Stark-broadened \( n = 2 \) manifold must also be considered [27].

The polarization of both laser beams was selected using λ/2 plates, producing linearly polarized light with >95% purity. Light with horizontal (vertical) polarization, parallel (perpendicular) to the electric field in the photo-excitation region, drives transitions for which \( ΔM_f = 0 \), \( ΔM_f = ±1 \). The production of Ps Rydberg states ranging from \( n = 9 \) up to the ionization limit was verified in measurements conducted in (nominally) zero electric field, as shown in Fig. 2. The states were resolved up to \( n ~ 30 \) [Fig. 2(c)]. For these measurements the background signal \( f_{bj} \) was obtained with the UV laser tuned to the 1s → 2p resonance, and the average of measurements made with the IR laser scanned from 755–758.5 nm, so that \( S \) is sensitive only to the 2p → nd/ns transitions. The nonzero background level for \( λ > 760 \) nm [Fig. 2(a)] is due to the production of Rydberg states by broadband light emitted via amplified spontaneous emission (e.g., Ref. [28]), as these wavelengths approach the upper limit of the gain curve of the Styryl-8 dye used in the IR laser. Both lasers were linearly polarized in the vertical direction for these measurements.

A notable feature of these data is that the negative S values are inverted for \( n > 17 \), becoming positive thereafter. The timing windows used to analyze these data are such that this inversion occurs when Ps atoms are no longer...
or photoelectrons made by the UV laser. The com-
dary electrons produced by positron irradiation of the target
the excitation region, leading to a weak Stark splitting.[30].
combined effect of these fields polarizes the Rydberg states in
grid plane. The data presented in Fig. 3 show spectra
geneous electric field defined by the potential applied to the
Rydberg Ps atoms experience an approximately homo-

As the Rydberg Ps atoms pass through the grid they
experience a large inhomogeneous electric field on a
distance scale commensurate with the mesh spacing
(~100 μm). After being transmitted any remaining
Rydberg Ps atoms experience an approximately homo-
genous electric field defined by the potential applied to the
grid plane. The data presented in Fig. 3 show spectra
covering the transition to the
state, and demonstrate
that transmission of Rydberg Ps atoms through the grid
depends on their rate of electric field ionization. These data
were recorded with a constant electric field of 63 V/cm
applied to the excitation region and fields ranging from
1397 to 1985 V/cm in the region after the grid.

For weak fields, the short wavelength components of
the n = 18 spectral feature are transmitted through the
grid (negative S parameter) while only the outermost
components at the long wavelength edge are not trans-
mittted. This observation indicates that Rydberg-Stark states
are sufficiently polarized by the electric field to result
in a partial splitting of states with positive and negative
Stark shifts, and that these states subsequently evolve
adiabatically while passing from the excitation region
through the grid.

Since the outermost Stark states with negative Stark
shifts ionize in weaker electric fields than states with
positive Stark shifts [31], the cutoff in transmission through
the grid occurs first for the outermost components at the
long wavelength edge of the spectrum. For each value of n,
the ionization field for the outermost Stark state with a
negative Stark shift in Ps is approximately equal to the
classical ionization field [30] $F_{\text{ion}} = 2R_{\text{Ps}}hc/ea_{\text{Ps}}n^4$, where $R_{\text{Ps}} = 0.5R_{\infty}$ is the Rydberg constant for Ps, and $a_{\text{Ps}} = 2a_0 = 1.058 \times 10^{-10}$ m is the Ps Bohr radius. This suggests an ionization field of 1360 V/cm for $n = 18$, close to that observed for the transmission of the corre-
spending states in Fig. 3. On the other hand, the outermost
Stark states with positive Stark shifts ionize at approxi-
ately $2F_{\text{ion}}$, indicating that a field of 2721 V/cm is
required to completely inhibit transmission through the grid
for all states with $n = 18$. The observation that a field
slightly below this is sufficient to inhibit transmission of the
outermost states with positive Stark shifts can be attributed
to effects of n-mixing with states of higher principal
quantum number in the combined magnetic and inhomog-
genous electric fields in the vicinity of the grid. In this
configuration the grid acts as a filter for the unresolved
Rydberg-Stark states. This Stark-state filter permits spectral
broadening arising from electric fields to be distinguished
from Doppler broadening. This makes it possible to select
particular Stark states even if Doppler broadening is very
large, and to obtain information on the magnitude of the

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FIG. 2 (color online). (a) Spectrum of Rydberg states excited in
zero applied electric field. The data for $n = 17$ are expanded in
(b) and $n \geq 19$ is shown in (c). The reversal of the sign of S is due
to Ps atoms that are field ionized near the grid (see text). The
dashed lines indicate the ionization limit (729 nm). The timing
windows used to analyze these data were $A = -2$ ns,
$B = 226$ ns, and $C = 597$ ns. The error bars, not shown in
(a) or (c), are of the same size as those shown in (b). Values of $n$
are shown in the top axes.

FIG. 3 (color online). Transitions to $n = 18$ in a 63 V/cm
electric field in the excitation region and fields outside the grid as
indicated. The vertical line shows the position of the field free
peak. Positive $S$ values indicate atoms in Stark states that cannot
pass beyond the grid due to field ionization.
electric field in the photoexcitation region. The states that are not field ionized may still experience forces due to field gradients and be deflected; it remains to be seen exactly how the trajectories of transmitted atoms are affected by the grid and applied fields, and this will be the subject of future experiments in which Ps Rydberg atoms will be directly imaged.

To demonstrate the possibility of resolving individual Rydberg-Stark states, the spectra presented in Fig. 4 were recorded at \( n = 11 \) in an electric field of 1.9 kV/cm. In this field, individual Stark states with \( n = 11 \) and equal values of the azimuthal quantum number \( |m_s| \), are separated in frequency by \( \sim 165 \) GHz. However, this field also gives rise to mixing between the intermediate \( 2^3S \) and \( 2^3P \) terms, and unresolved Stark splittings at \( n = 2 \) approaching 30 GHz. The complexity of the Stark structure arising from the spin-orbit coupling in this intermediate state means that the Stark manifolds in the Rydberg states cannot be fully described by hydrogenic expressions for individual values of \( |m_s| \), even at the 90 GHz resolution of the experiment. These effects are accounted for by calculating the eigenvalues and eigenvectors of the Hamiltonian matrix including the electric field for the triplet states of Ps with \( n = 2 \) in an \( |nS\ell JM_J\rangle \) basis [27] to determine the relative populations of each Stark sublevel. The results of this calculation were then used to determine the intensities of the subsequent transitions to the \( 11s, 11p \), and \( 11d \) Rydberg-Stark states following a transformation to the \( |n\ell m_s\rangle \) basis for the description of these states. The results of this calculation, including a convolution with a 90 GHz FWHM Gaussian spectral function, are overlaid with the experimental data in Fig. 4.

The agreement between the calculation and the measurement was achieved with only one free parameter, the spectral intensity at which saturation occurs, \( \sim 10^{-5} e^2 a_{Ry}^2 \). This was determined using a simple fitting routine for each spectrum and is similar to that found in previous measurements [32]. Better agreement can be obtained by modifying the relative \( |m_s| \) populations in the Rydberg states, but the present approach is sufficient to highlight the underlying physical mechanisms. The calculation does not account for the polarization of the positron beam or optical pumping through \( 1S \leftrightarrow 2P \) transitions. The Rydberg-Stark states at the edges of the spectra are those with the largest electric dipole moments of \( \sim 165 e a_{Ry} \approx 840 \) D. They are therefore most sensitive to inhomogeneities in the electric fields in the photoexcitation region, which can give rise to broadening of the associated spectral features. The asymmetric structures observed in the spectra of Fig. 4 result primarily from the Stark structure of the \( n = 2 \) manifold.

The data presented here represent the first observation of selected Ps Rydberg-Stark states, which is a crucial step towards developing the atom optics [20] required for a Ps gravity experiment [33]. The Stark filter constitutes a rudimentary manipulation of Ps Rydberg-Stark states of differing dipole moments, an area of study that will be expanded in future work. By generating well-defined electric field distributions and imaging Rydberg Ps atoms we will implement schemes similar to those used previously for other atoms [5,7], including the intriguing possibility of using a wire to capture high-field seeking states into circular orbits [34].

Focusing, deceleration, and other manipulations of Ps motion and velocities will open the door to a new era of Ps experimentation, with immediate application to precision Ps spectroscopy measurements [35], for which second order Doppler effects are a limiting factor [36]. Future refinements of the positron beam will make it possible to use a Doppler-free two-photon excitation scheme [37], providing improved resolution and state selectivity at higher values of \( n \). While this may benefit eventual Ps gravity measurements [20], many important initial experiments can be realized using the present methodology.

![FIG. 4](link)

FIG. 4 (color online). Measured (points) and calculated (lines) Rydberg-Stark spectra of \( n = 11 \) Ps atoms in an electric field of 1.9 kV/cm. The excitation was performed with four different combinations of laser polarizations \( P \) with respect to the electric field direction \( F \), as indicated in (a)–(d). In panel (a) the intrusion of neighboring \( n = 12 \) states (not included in the calculation) is seen below 752 nm.
including testing schemes to generate very long-lived circular Ps states [38–42].

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