






# Shaping dark photon spectral distortions

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**ABSTRACT:** The cosmic microwave background (CMB) spectrum is an extraordinary tool for exploring physics beyond the Standard Model. The exquisite precision of its measurement makes it particularly sensitive to small effects caused by hidden sector interactions. In particular, CMB spectral distortions can unveil the existence of dark photons which are kinetically coupled to the standard photon. In this work, we use the COBE-FIRAS dataset to derive accurate and robust limits on photon-to-dark-photon oscillations for a large range of dark photon masses, from  $10^{-10}$  to  $10^{-4}$  eV. We consider in detail the redshift dependence of the bounds, computing CMB distortions due to photon injection/removal using a Green's function method. Our treatment improves on previous results, which had set limits studying energy injection/removal into baryons rather than photon injection/removal, or ignoring the redshift evolution of distortions. The difference between our treatment and previous ones is particularly noticeable in the predicted spectral shape of the distortions, a smoking gun signature for photon-to-dark-photon oscillations. The characterization of the spectral shape is crucial for future CMB missions, which could improve the present sensitivity by orders of magnitude, exploring regions of the dark photon parameter space that are otherwise difficult to access .

**KEYWORDS:** Cosmology of Theories BSM, New Light Particles, Early Universe Particle Physics

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## 1 Introduction

The dark photon  $A'$  is a hypothetical particle that can open one of only a few renormalizable portals between the Standard Model (SM) sector and the dark sector. A significant research program is ongoing to detect dark photons with a mass of  $m_{A'} \lesssim 10^{-3}$  eV. The dark photon parameter space can be tested by terrestrial experiments, such as Cavendish-Coulomb experiments [1–4], Light-Shining-Through-Walls experiments [5–10], helioscopes [11–14], and the direct detection of dark photons produced in the Sun [15–18]. The dark photon parameter space can also be tested through astrophysical probes such as stellar energy loss [11, 19–26] and black hole superradiance [27–30]. Moreover, because the dark photon can impact the SM electromagnetic field through the kinetic mixing portal, the magnetosphere of Jupiter [31–33] and Earth [3, 32, 34–36] can also be used to constrain the kinetic mixing parameter of ultralight dark photons in the  $10^{-16}$  eV— $10^{-13}$  eV mass range. For a complete review of dark photon limits, one can refer to ref. [37]. All dark photon searches are, however, limited by the decoupling of all interactions with the SM when the dark photon mass vanishes,  $m_{A'} \rightarrow 0$ , which makes detection increasingly difficult at low masses [15, 22, 38].

Compared with the aforementioned detection methods, distortions to the blackbody spectrum of the cosmic microwave background (CMB) serve as one of the most sensitive ways to explore the dark photon parameter space for  $m_{A'} \lesssim 10^{-4}$  eV [39–48]. In the early universe, CMB photons were in chemical equilibrium with baryons, and their phase space density obeyed the blackbody distribution with zero chemical potential. Within standard  $\Lambda$ CDM cosmology, this blackbody distribution should be mostly preserved through the process of recombination until the present day. The COBE-FIRAS measurement of this spectrum confirmed this prediction, finding that any deviation of the CMB phase space from a blackbody distribution has to be less than 1 part in  $10^4$  [49]. Next-generation measurements of the CMB spectrum will have much better sensitivity: the proposed PIXIE [50, 51], PRISM [52], Voyage 2050 [53] and SPECTER [54] experiments aim to measure CMB spectral distortions that are as small as  $10^{-10}$ – $10^{-8}$  times the CMB blackbody intensity. Any exotic process that injects energy into the CMB, after the CMB photons fall out of chemical equilibrium, potentially imprints a distortion away from the blackbody spectrum. Precise measurements of the CMB spectrum are therefore a powerful tool for detecting not just dark photons, but also axions [40, 55–58], dark matter decay/annihilation/scattering [59], and inflation [60].

Significant spectral distortions caused by dark photons can arise if photons  $\gamma$  and  $A'$  kinetically mix, resulting in a sufficiently large probability of  $\gamma \rightarrow A'$  conversions throughout cosmic history, removing photons from the CMB blackbody spectrum. The conversion probability of CMB photons into dark photons is dominated by resonant conversions between the two states, which occur whenever the effective plasma mass of the SM photon  $\gamma$  — induced mainly by the density of free electrons — matches  $m_{A'}$ , the dark photon mass [39, 42–44, 61, 62].


The impact of  $\gamma \rightarrow A'$  on the CMB spectrum can be classified into two broad regimes:  $m_{A'} \lesssim 10^{-9}$  eV, and  $m_{A'} \gtrsim 10^{-9}$  eV. For  $m_{A'} \lesssim 10^{-9}$  eV, resonant conversions only occur after recombination when photons are free-streaming; the distorted spectrum produced as a result of  $\gamma \rightarrow A'$  evolves only through redshifting as a function of time after the conversion has occurred. This regime was first studied in ref. [39], and extended to include the effect of inhomogeneities on resonance conversion by refs. [43, 44] (see also ref. [63]). The signal from the inverse process,  $A' \rightarrow \gamma$ , for dark photon dark matter have been discussed in refs. [42–44, 64–71]. Throughout the rest of the paper, we assume that there is no initial abundance of the dark photon, and consider only the  $\gamma \rightarrow A'$  process.

More recently, refs. [46–48] have examined the impact of  $\gamma \rightarrow A'$  on the CMB anisotropy power spectrum. These results rely on the fact that  $\gamma \rightarrow A'$  resonant conversion is highly sensitive to the free electron number density, and is therefore correlated with cosmic structures, leading to nontrivial spatial correlations. These works have demonstrated impressive limits for  $m_{A'} \lesssim 10^{-9}$  eV, when  $\gamma \rightarrow A'$  occurs after recombination.

In this paper, we instead focus on the regime  $m_{A'} \gtrsim 10^{-9}$  eV, when resonant conversions happen before recombination. At such high redshifts, inhomogeneities are unimportant, and we can safely take the universe to be homogeneous [44]. Our goal is to accurately compute the spectral distortion produced by these conversions, and use the COBE-FIRAS data to set limits on  $\epsilon$  as a function of  $m_{A'}$ . This regime was first considered in ref. [39]; however, they assumed that the spectral distortion produced by resonant conversion only evolves

via redshifting, i.e. that photons are always free-streaming. In fact, any spectral distortion can potentially be redistributed as a function of time due to efficient Compton scattering between photons and electrons in the epoch before recombination. Subsequently, ref. [42] derived limits on  $\epsilon$  by assuming that distortions from  $\gamma \rightarrow A'$  conversions are identical to distortions produced in the CMB when the equivalent amount of energy is removed from baryons at the same redshift, leading to so-called pure  $\mu$ - and  $y$ -distortions. This, however, is also not a good approximation: the actual CMB spectral distortion from photon removal can be significantly different from those corresponding to energy removal from baryons, as pointed out in ref. [72]. The spectral distortion therefore does not correspond to a pure  $\mu$ - or  $y$ -distortion, and cannot be compared directly to limits on the  $|\mu|$  and  $|y|$  parameters, as was done in ref. [42]. Instead, the full distortion must be carefully computed, and compared to the full COBE-FIRAS data.

We apply the Green's function method developed in ref. [72] for photon injection/removal to accurately compute the spectral distortion due to  $\gamma \rightarrow A'$  conversions. We obtain accurate results when resonant conversions occur during the  $\mu$ -era (when Compton scattering is highly efficient at redistributing photons, applicable to  $m_{A'}$  in the approximate range of  $3 \times 10^{-6} \text{ eV} - 5 \times 10^{-5} \text{ eV}$ ) and in the  $y$ -era (when Compton scattering is inefficient, applicable to  $m_{A'}$  in the approximate range of  $10^{-9} \text{ eV} - 2 \times 10^{-8} \text{ eV}$ ). In the intermediate  $\mu$ - $y$  transition era, we have obtained reliable approximations for the spectral distortion, allowing us to set a conservative limit on  $\epsilon$  in the mass range  $2 \times 10^{-8} \text{ eV} - 3 \times 10^{-6} \text{ eV}$ . Our new limits strengthen existing limits by up to a factor of 3, and are particularly important in setting a benchmark for upcoming Light-Shining-Through-Walls experiments such as DarkSRF, which offer a complementary search strategy for dark photons in the  $10^{-9} \text{ eV} - 10^{-5} \text{ eV}$  range [73]. Some of our new results have been already presented elsewhere by a subset of us [74, 75]; here we provide the complete analysis.

The rest of this paper is organized as follows. In section 2, we introduce the dark photon model and give a back-of-the-envelope estimation of its COBE-FIRAS constraints. In section 3, we discuss the different stages of the early universe as classified by the efficiency of Compton scattering (CS), bremsstrahlung (BR), and double Compton scattering (DCS). We also describe some important concepts in spectral distortions. In section 4, we introduce the Green's function method and explain how the spectral distortion, in the case of  $\gamma \rightarrow A'$  conversions, is calculated. In section 5, we present our main result: the COBE-FIRAS spectral distortion limits on  $\epsilon$  as a function of  $m_{A'}$ . We compare our updated COBE-FIRAS constraint using the complete treatment with previous results. We also examine the CMB spectral distortion signal from  $\gamma \rightarrow A'$  in detail at different representative points in the dark photon parameter space. We discuss the impact of an important approximation made in deriving our limits over a small range in  $m_{A'}$ . Details of our data analysis method, the complete table of the constants appearing in the CMB spectral distortion calculation, the derivation of the  $\mu$  distortion for the simplified monochromatic photon injection/removal, and the detailed discussion of Green's functions in different eras can be found in appendices A, B, C, and D, respectively. We use  $\hbar = c = k_B = 1$  for expressions given in this paper but will use radio astronomy units in plots, where appropriate. The code for obtaining our results are publicly available at <https://github.com/GiorgiArsenadze/Shaping-Dark-Photon-Spectral-Distortions> .

## 2 Photon-to-dark-photon oscillations

In this section, we give a brief introduction to  $\gamma \rightarrow A'$  conversions. We begin with the low-energy Lagrangian describing this model,

$$\mathcal{L} = -\frac{1}{4}F_{\mu\nu}F^{\mu\nu} - \frac{1}{4}F'_{\mu\nu}F'^{\mu\nu} + \frac{\epsilon}{2}F_{\mu\nu}F'^{\mu\nu} - \frac{1}{2}m_{A'}^2 A'_\mu A'^\mu + eA_\mu j_e^\mu, \quad (2.1)$$

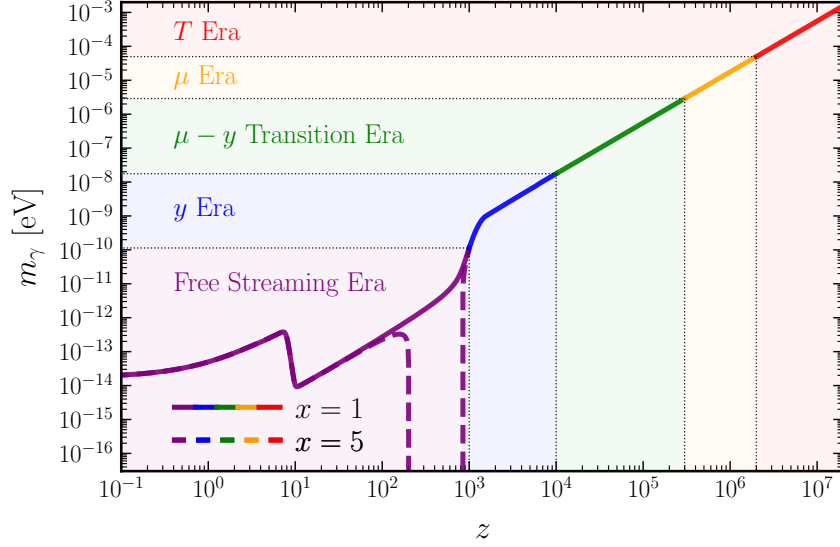
where  $A^{(\prime)}$  is the field of the photon (dark photon), and  $F^{(\prime)}$  is the corresponding field strength. Here,  $e$  is the gauge coupling of the electromagnetic U(1) gauge field,  $j_e$  is the electromagnetic current, and the dimensionless quantity  $\epsilon$  parameterizes the size of kinetic mixing between the photon and the dark photon. Here,  $\epsilon$  obeys the upper bound  $\epsilon < 1$  according to the requirement of the positive-definiteness of the gauge kinetic terms [76, 77]; a small value of  $\epsilon$  is technically natural, and can be realized in several ultraviolet completions of such a model [78, 79]. In our work, we investigate the minimal scenario of the kinetic mixing portal, where only the dark photon is in the dark sector, with a negligible initial abundance. If there are additional particles charged under an ultralight dark photon that mixes with the SM photon, these particles would appear to be millicharged and can drastically alter the expected signal. Such modifications include an irreducible cosmic millicharged background [80, 81], a millicharged-particle-induced dark plasma mass [82, 83], and dark thermalization inside stars [84, 85].

Because the photon is coupled to the electromagnetic current, the electrons induce an effective plasma mass [86] in the finite density environment of the early universe, given by

$$\begin{aligned} m_\gamma^2(z) &= \frac{e^2 n_e(z)}{m_e} - \omega^2(z) (\mathbf{n}_{\text{HI}}^2(z) - 1) \\ &\simeq 1.4 \times 10^{-21} \text{eV}^2 \left( \frac{n_e(z)}{\text{cm}^{-3}} \right) - 8.4 \times 10^{-24} \text{eV}^2 \left( \frac{\omega(z)}{\text{eV}} \right)^2 \left( \frac{n_{\text{HI}}(z)}{\text{cm}^{-3}} \right), \end{aligned} \quad (2.2)$$

where  $\mathbf{n}_{\text{HI}}$  is the refractive index of neutral hydrogen,  $n_{\text{HI}}$  is the number density of neutral hydrogen, and  $n_e$  is the free electron number density. We obtain  $n_e$  and  $n_{\text{HI}}$  from CLASS, which uses HyRec to model recombination [87, 88], and uses the tanh scenario to model reionization [89].<sup>1</sup> We adopt cosmological parameters consistent with Planck 2018 [89]. Eq. (2.2) represents the modification of the dispersion relation in the presence of an optically dense medium. Here, the positive term is generated by free electrons, and the negative term comes from neutral hydrogen [82]. The present work mainly focuses on dark photon phenomenology at high redshifts, above  $z \sim 100$ , where baryon fluctuations are negligible and the universe can be approximated as homogeneous. In figure 1, we illustrate the cosmological evolution of the photon plasma mass as a function of the redshift. Based on the efficiencies of various processes which control the evolution of spectral distortions, we can divide the universe into five distinct eras: free-streaming era (purple),  $y$ -era (blue),  $\mu$ - $y$  transition era (green),  $\mu$ -era (orange), and  $T$ -era (red); these different eras will be described in detail in section 3. We plot the plasma frequency evolution for two different values of the photon energy  $\omega$ , which enters the second term in eq. (2.2). To characterize the photon energy, we introduce the

<sup>1</sup>The choice of modeling for reionization is not important for this paper, since we focus on high-redshift conversions.



**Figure 1.** The cosmological evolution of the photon’s effective plasma mass as a function of the redshift. Based on the efficiency of the scattering channels discussed in section 3, the universe can be divided into five eras: the free streaming era (purple),  $y$ -era (blue),  $\mu$ - $y$  transition era (green),  $\mu$ -era (orange), and  $T$  era (red). Here, we show the evolution for two different photon energies,  $x = 1$  and  $x = 5$ , which are the solid and dashed lines, respectively. The  $x = 5$  line dips down in the period  $2 \times 10^2 < z < 9 \times 10^2$ , due to the negative mass squared contribution from neutral Hydrogen. In other periods, when most of the neutral Hydrogen is ionized, the difference between  $x = 5$  and  $x = 1$  is very small.

redshift-independent quantity  $x \equiv \omega_0/T_0$ , with  $\omega_0$  and  $T_0$  being the present-day CMB photon energy and temperature, respectively. We show the plasma frequency evolution for  $x = 1$  and  $x = 5$ . The plasma mass for  $x = 5$  becomes negative during  $200 \lesssim z \lesssim 900$ , due to the negative mass squared contribution from neutral hydrogen after hydrogen recombination. However, our focus will be on the period well before hydrogen recombination, when the contribution from neutral hydrogen is negligible and thus the plasma frequency evolution is identical for both  $x = 1$  and  $x = 5$ .

The effective plasma mass,  $m_\gamma^2(z)$ , evolves throughout the expansion of the universe, and it may match  $m_{A'}^2$  at some moment during the cosmological history. If this happens, then a resonant  $\gamma \rightarrow A'$  conversion can take place. These conversions can be modeled as Landau-Zener transitions [61, 62], as has been extensively explored in the context of neutrinos [90, 91] and dark photons [6, 39, 43, 44, 92]. The rate for the  $\gamma \rightarrow A'$  transition reads [43, 44, 82]

$$\Gamma_{\gamma \rightarrow A'}(z) = \frac{\epsilon^2 m_{A'}^4 \Gamma_\gamma}{\left(m_\gamma^2(z) - m_{A'}^2\right)^2 + \omega^2(z) \Gamma_\gamma^2}, \quad (2.3)$$

where  $\Gamma_\gamma$  is the damping rate of the plasmon quanta. Under the narrow width approximation  $\Gamma_\gamma \ll m_{A'}^2/\omega$ , the associated conversion probability can be written as

$$P_{\gamma \rightarrow A'}(\omega) = \int dt \Gamma_{\gamma \rightarrow A'} = \frac{\pi \epsilon^2 m_\gamma^2(z_{\text{res}})}{\omega(z_{\text{res}})(1 + z_{\text{res}})H(z_{\text{res}})} \left| \frac{d \log m_\gamma^2}{dz} \right|_{\text{res}}^{-1}, \quad (2.4)$$

where “res” labels the time when  $m_\gamma^2 = m_{A'}^2$ ,  $\omega(z_{\text{res}}) = \omega_0(1+z_{\text{res}})$ , and  $dt = -dz/(1+z)H(z)$ , with  $H(z)$  being the Hubble parameter.

We note here that rapid scattering of  $\gamma$  with free electrons in the plasma can affect the process of resonant conversion. In order for scattering to have a negligible effect, the resonance timescale,  $\tau_r$  (the inverse of the resonant width), must be significantly smaller than the Compton scattering timescale (or, equivalently, the mean free path)  $\tau_s$  for photons in the plasma. For the masses and kinetic mixing of interest in this work, we have checked that  $\tau_r \ll \tau_s$ .

In order to provide some intuition for typical values of the conversion probability, and its scaling with the dark photon mass, let us briefly work out some simple estimates for dark photon masses  $m_{A'} \gtrsim 10^{-9}\text{eV}$ . In this case, the  $\gamma \rightarrow A'$  transition happens in the radiation-dominated (RAD) era. At this time, hydrogen atoms are fully ionized, which gives  $m_\gamma^2(z) \propto n_e(z) \propto (1+z)^3$ . Using the fact that  $H(z) = H_0 \Omega_r^{1/2}(1+z)^2$  during the RAD era, where  $H_0$  is the Hubble constant,  $\Omega_r = \Omega_m/(1+z_{\text{eq}})$ ,  $z_{\text{eq}}$  is the redshift of matter-radiation equality, and  $\Omega_m$  is the matter density parameter, we get

$$\text{RAD: } P_{\gamma \rightarrow A'}(x) \simeq \frac{\epsilon^2 \mathcal{F}}{x} \quad \text{with} \quad \mathcal{F} = \frac{\pi m_\gamma^2(z=0)}{3 \Omega_r^{1/2} H_0 T_0} \simeq 10^{11}. \quad (2.5)$$

To calculate the numerical value of  $\mathcal{F}$ , we used  $m_\gamma(z=0) \simeq 1.7 \times 10^{-14}\text{eV}$ . The first thing we notice in eq. (2.5) is that any dependence on  $m_{A'}$  has disappeared. We thus expect a bound which is roughly constant for these large masses. Moreover, we can derive a rough estimate of the bound by requiring  $P_{\gamma \rightarrow A'}$  to be  $\lesssim 10^{-4}$ , the typical fractional uncertainty of the COBE-FIRAS measurement of the blackbody intensity. We thus find

$$\epsilon_{\text{est}} \sim 3 \times 10^{-8} \left( \frac{P_{\gamma \rightarrow A'}}{10^{-4}} \right)^{1/2} \left( \frac{10^{11}}{\mathcal{F}} \right)^{1/2}, \quad (2.6)$$

where  $\epsilon_{\text{est}}$  stands for the estimated COBE-FIRAS constraint in the high redshift region. A next-generation PIXIE-like experiment can, in principle, be sensitive to distortions on the order of 1 part in  $10^8$ , leading to a potential improvement of roughly two orders of magnitude in sensitivity to  $\epsilon$ . However, this assumes perfect removal of foreground distortions from e.g. the epoch of reionization.

We stress that eq. (2.6) merely represents a rough estimate for the constraint from CMB spectral distortions. While it gives a sense of the reach of such a probe, it is insufficient for obtaining the precise mass dependence of the bounds, and it has no information on the spectral shape of possible future signals. In the rest of this paper, we provide a thorough investigation of the CMB distortion caused by  $\gamma \rightarrow A'$  oscillations using the Green’s function method, for photon injection or removal processes, developed in ref. [72].

### 3 Spectral distortions

In this section, we give a brief overview of how spectral distortions are generated in the CMB by exotic energy injections or removals into photons. We intend only to introduce terminology that will be important for the reader to understand our method; for more in-depth discussions



we invite the interested reader to consult the seminal works [93–98] or more recent papers such as refs. [72, 99–104]. Before we begin the discussion, we want to emphasize that much of the existing literature has focused on pure energy injection or removal processes, i.e. processes that always conserve the comoving number density of photons. This can happen, for example, if the exotic process heats the baryons first, and the photons react to this change subsequently.<sup>2</sup> This is certainly not the case for  $\gamma \rightarrow A'$  resonant conversions, and is the key reason why our results differ from ref. [42]; however, we still follow existing conventions for clarity.

In the early universe, rapid scattering with electrons in the baryon plasma, together with efficient photon-number-changing processes, ensures that the photons are in thermal equilibrium with zero chemical potential. Photons therefore follow a blackbody distribution, i.e. their phase space density is given by  $\bar{f}_\gamma$ , where<sup>3</sup>

$$\bar{f}_\gamma(\omega, T) \equiv \frac{1}{e^{\omega/T} - 1}. \quad (3.1)$$

All thermodynamic properties of the photons are determined simply by their temperature  $T$ .

Once  $T \lesssim \text{keV}$ , however, the rate of photon-number-changing processes, in the energy range relevant to the measured CMB spectrum today, drops below the Hubble expansion rate. After this point, any process that changes the number and energy densities of photons will drive the photon distribution away from the blackbody distribution, leading to a spectral distortion. Of course, if no such processes exists, then photons remain in a blackbody distribution throughout cosmological history, i.e. the photon phase space remains  $f_\gamma(x) = \bar{f}_\gamma(x)$  at all redshifts, where  $x \equiv \omega/T$ . We therefore define the spectral distortion  $\Delta f(x)$  as the distortion to the blackbody distribution that we would observe today,

$$f_\gamma(x) = \bar{f}_\gamma(x) + \Delta f_\gamma(x). \quad (3.2)$$

The CMB phase space density has been measured by the FIRAS instrument aboard the COBE satellite in over 43 frequency bins ranging from  $x \sim 1$  to  $x \sim 10$ . The FIRAS measurement confirmed that the CMB phase space density is consistent with a blackbody distribution, with a precision of 1 part in  $10^4$ , i.e.  $\Delta f_\gamma/\bar{f}_\gamma \lesssim 10^{-4}$  in this frequency range. Any potential spectral distortion of interest, in this energy range, can therefore be taken to be small.

The nature of the spectral distortion produced by any exotic energy injection process depends strongly on when these processes occur, and what scattering processes photons are undergoing efficiently at that time. The most relevant scattering processes are

$$\begin{aligned} \text{Compton Scattering (CS): } & e^- + \gamma \leftrightarrow e^- + \gamma, \\ \text{Double Compton Scattering (DCS): } & e^- + \gamma \leftrightarrow e^- + \gamma + \gamma, \\ \text{Bremsstrahlung (BR): } & e^- + X \leftrightarrow e^- + X + \gamma. \end{aligned} \quad (3.3)$$

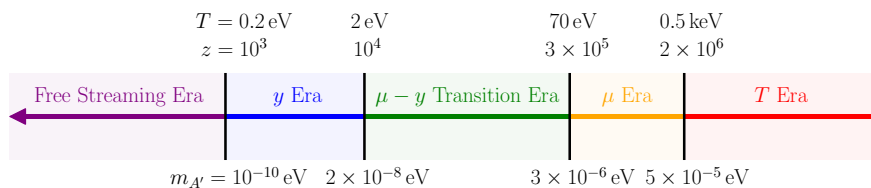
Of these processes, DCS and BR are photon-number-changing. If they are efficient, i.e. have a rate much larger than the Hubble rate, they can drive the phase space density of photons

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<sup>2</sup>This can in fact be highly unrealistic; any process that heats the baryons would also likely interact with photons at the same time. See ref. [105] for a detailed study of the distortion produced by high-energy particles without making such an assumption.

<sup>3</sup>We adopt the convention of defining phase space density excluding the degeneracy factor of 2 due to the spin states of the photon.





**Figure 2.** The eras of CMB spectral distortions. The redshifts separating different eras are located above the axis. The corresponding dark photon masses for  $\gamma \rightarrow A'$  resonant oscillations are shown below the axis. There are five eras depending on the efficiency of CS, DCS, and BR (in reverse chronological order): the free streaming era (purple),  $y$ -era (blue),  $\mu$ - $y$  transition era (green),  $\mu$ -era (orange), and  $T$  era (red).

rapidly toward a blackbody distribution, i.e. a Bose-Einstein distribution with zero chemical potential. On the other hand, CS is number conserving; it can still however redistribute photons and change their phase space distribution. The cosmological epoch when  $T \lesssim \text{keV}$  can be divided into five main eras, according to how rapid these processes are. These are the  $T$  era ( $T \gtrsim 0.5 \text{ keV}$ ),  $\mu$  era ( $70 \text{ eV} \lesssim T \lesssim 0.5 \text{ keV}$ ),  $\mu$ - $y$  transition era ( $2 \text{ eV} \lesssim T \lesssim 70 \text{ eV}$ ),  $y$ -era ( $0.2 \text{ eV} \lesssim T \lesssim 2 \text{ eV}$ ), and free-streaming era ( $T \lesssim 0.2 \text{ eV}$ ). The corresponding redshifts separating these eras, and the values of  $m_{A'}$  which would lead to a resonant conversion at the transitions between them, are shown in figure 2.

The  $T$  era corresponds to  $T \gtrsim 0.5 \text{ keV}$ , when DCS and BR are highly efficient. These processes enforce thermal equilibrium and zero chemical potential in the photon distribution. Any arbitrary change to the phase space density away from a blackbody distribution by energy injection processes is quickly redistributed, resulting in a new blackbody distribution at a higher temperature. The characteristic distortion  $\mathcal{T}(x)$ , that is produced due to energy injection in this epoch, is simply a temperature shift to the spectrum, and is defined as

$$T \text{ era: } \Delta f_\gamma(x) \equiv \bar{f}_\gamma(\omega, T + tT) - \bar{f}_\gamma(\omega, T) \simeq \bar{f}_\gamma(x) t \mathcal{T}(x), \quad (3.4)$$

where  $t \ll 1$  determines the size of the distortion. Expanding to linear order in  $t$  shows that

$$\mathcal{T}(x) = \frac{x e^x}{e^x - 1}. \quad (3.5)$$

Note that such a distortion is fundamentally unobservable, because the blackbody temperature observed today,  $T_0$ , is a free parameter in  $\Lambda\text{CDM}$  cosmology, and can always be adjusted to absorb any unexpected energy injection processes happening during the  $T$  era. The impact of exotic energy injection processes on the CMB spectrum are therefore only observable if they occur after the  $T$  era.

In the  $\mu$ -era ( $70 \text{ eV} \lesssim T \lesssim 0.5 \text{ keV}$ ), DCS and BR become inefficient, while CS still remains highly efficient. Immediately after any energy injection process, CS rapidly drives photons to thermal equilibrium, i.e. the phase space density will approach a Bose-Einstein distribution. However, the lack of number-changing-processes means that the comoving number density of photons, after the injection process, is conserved, and the equilibrium distribution reached will, in general, have a nonzero chemical potential. Injection processes can also cause a temperature shift, as in the  $T$  era. The spectral distortion in this era

can be written as

$$\mu \text{ era: } \Delta f_\gamma(x) = \bar{f}_\gamma(\omega + \mu T, (1+t)T) - \bar{f}_\gamma(\omega, T). \quad (3.6)$$

We can likewise expand in  $\mu$  and  $t$  to obtain the following conventional form for the distortion:

$$\Delta f_\gamma(x) \simeq \bar{f}_\gamma(x) [\mu \mathcal{M}(x) + (t - \alpha_\mu \mu) \mathcal{T}(x)], \quad (3.7)$$

where

$$\mathcal{M}(x) \equiv \mathcal{T}(x) \left( \alpha_\mu - \frac{1}{x} \right), \quad (3.8)$$

and  $\alpha_\mu \simeq 0.456$ .<sup>4</sup>  $\mathcal{M}(x)$  is typically called the  $\mu$ -distortion, and  $\mu$  specifies the size of this distortion.

In the  $y$ -era ( $0.2 \text{ eV} \lesssim T \lesssim 2 \text{ eV}$ ), CS becomes too slow for photons to remain in thermal equilibrium, i.e. the photon phase space density no longer approaches a Bose-Einstein distribution. However, CS is still rapid enough that photons scatter with baryons, allowing some limited redistribution of photon energies. In a pure energy injection process, where energy is dumped into heating the baryons, blackbody photons undergo CS with the baryons, producing a  $y$ -distortion:

$$y \text{ era, pure energy injection: } \Delta f_\gamma(x) = \bar{f}_\gamma(x) y \mathcal{Y}(x), \quad (3.9)$$

with  $y \ll 1$ , and where

$$\mathcal{Y}(x) = \mathcal{T}(x) \left( x \frac{e^x + 1}{e^x - 1} - 4 \right). \quad (3.10)$$

We stress, however, that for general energy injection processes with photons being injected or removed, the distortion can be significantly more complicated. The transition between the  $\mu$  and  $y$ -eras ( $2 \text{ eV} \lesssim T \lesssim 70 \text{ eV}$ ) is also an epoch where the evolution of photons is complicated, and requires a numerical treatment, even in the case of pure energy injection [104].

After recombination, the majority of photons cease scattering with baryons. During this free-streaming era ( $T \lesssim 0.2 \text{ eV}$ ), any distortion to the CMB, e.g. from  $\gamma \rightarrow A'$  resonant conversion, remains frozen in place, and photons are unable to redistribute themselves to any significant extent.<sup>5</sup>

## 4 Green's function method

In this section, we give an introduction to computing the CMB spectral distortion utilizing the Green's function method, outlined in ref. [72]. First, we define the CMB intensity,

$$I_\gamma(\omega_0; T_0) \equiv \frac{dP_\gamma}{dA d\Omega d\nu_0} = \frac{\omega_0^3}{2\pi^2} f_\gamma(\omega_0, T_0). \quad (4.1)$$

---

<sup>4</sup>The convention adopted here includes the factor of  $\alpha_\mu \mathcal{T}(x)$  in the definition of  $\mathcal{M}(x)$ . This originates from the fact that for a pure energy injection with no injection of photons, one can derive  $t = \alpha_\mu \mu$ , and so  $\mathcal{M}(x)$  accounts for the full distortion. This relation does not hold, however, if the photon number changes during the injection, but we still follow this convention for consistency of notation.

<sup>5</sup>There are some small spectral distortions expected even in standard cosmology, such as the  $y$ -distortion that will be imprinted in the CMB due to scattering with free electrons after reionization, which should leave a  $10^{-6}$  level distortion, well below the FIRAS uncertainty.

Here, we follow the conventions of radio astronomy:  $P_\gamma$  is the power of the CMB photon received by the antenna,  $\Omega$  is the solid angle along the line-of-sight,  $A$  is the antenna's projected area with respect to the line-of-sight, and  $\nu_0 = \omega_0/2\pi$  is the frequency of the received CMB photons. When there is no distortion, the CMB intensity is  $\bar{I}_\gamma(\omega_0; T_0) = (\omega_0^3/2\pi^2) \bar{f}_\gamma(\omega_0, T_0)$ . The distortion of the phase space distribution of the CMB photon leads to the distortion of the CMB intensity away from  $\bar{I}_\gamma$ . The commonly used unit of CMB intensity is  $\text{Jy sr}^{-1} = 10^{-26} \text{ W m}^{-2} \text{ Hz}^{-1} \text{ sr}^{-1}$ , in agreement with the units expected from eq. (4.1).

To compute the spectral distortion due to  $\gamma \rightarrow A'$ , we adopt the Green's function approach described in ref. [72]. If photons are injected or removed at some frequency  $x'$  at some redshift  $z'$ , this ultimately produces a distortion in intensity with some characteristic shape  $G(x; x', z')$  that we observe today at frequency  $x$  (we use  $'$  to denote quantities related to the injection, while variables without  $'$  refer to quantities today). If the number of photons that are injected or removed is small, the total distortion can be treated linearly, and is simply an integral of  $G(x; x', z')$  over all values of  $x'$  and  $z'$ , weighted by how much was injected at  $x'$  and  $z'$  [72].  $G(x; x', z')$ , when appropriately normalized, is precisely the Green's function mapping energy injection at  $x'$  and  $z'$  to a characteristic distortion.

We now make this intuitive explanation precise. Let  $S(x', z')$  be the ratio of the number density of photons injected with frequencies between  $x'$  and  $x' + dx'$  in the redshift interval between  $z'$  and  $z' + dz'$ , to the number density of all photons at  $z'$ . Then the Green's function  $G(x; x', z'; T_0)$  is defined as

$$\Delta I_\gamma(x; T_0) = \int dz' \int dx' G(x; x', z'; T_0) S(x', z'), \quad (4.2)$$

which has the usual structure of a solution using the Green's function method, with  $S$  acting as a source term.  $\Delta I_\gamma$  is the distortion to the CMB intensity, as observed today. With this definition,  $G$  has units of intensity as well.  $\Delta I_\gamma$  and  $G$  depend on  $T_0$ , which we allow to float in our data analysis: see appendix A for more details on this. In the context of  $\gamma \rightarrow A'$  conversions,

$$S(x', z') = -\frac{1}{\bar{n}_\gamma} \frac{d\bar{n}_\gamma}{dx'} P_{\gamma \rightarrow A'}(x') \delta(z' - z'_{\text{res}}), \quad (4.3)$$

where  $P_{\gamma \rightarrow A'}$  is defined in eq. (2.4), and  $z'_{\text{res}}$  is the redshift at which the resonant conversion happens. The negative sign is consistent with the fact that photons are removed by  $\gamma \rightarrow A'$  conversions. Note that  $(d\bar{n}_\gamma/dx')/\bar{n}_\gamma = (1/2\zeta(3)) x'^2/(e^{x'} - 1)$  is redshift invariant; we can therefore integrate over redshift to find

$$\Delta I_\gamma(x; T_0) = - \int dx' \frac{1}{\bar{n}_\gamma} \frac{d\bar{n}_\gamma}{dx'} P_{\gamma \rightarrow A'}(x') G(x; x', z'_{\text{res}}; T_0). \quad (4.4)$$

We can also show that the Green's functions obey the following normalization condition:

$$2T_0 \int dx G(x; x', z'; T_0) = x' \alpha_\rho \bar{\rho}_\gamma(T_0), \quad (4.5)$$

where  $\bar{\rho}_\gamma(T_0)$  is the energy density of the CMB today, and  $\alpha_\rho \simeq 0.3702$ , defined in appendix B. This is in agreement with ref. [72]; we derive this normalization condition for completeness

in appendix D.2, which essentially comes from requiring energy conservation during the photon injection/removal process.

Ref. [72] provides analytic expressions for  $G$  in the  $\mu$  and  $y$ -eras. In the  $\mu$ -era, the Green's function  $G_\mu$  for computing the  $\mu$ -distortion is

$$G_\mu(x; x', z'; T_0) = \alpha_\rho x' \cdot \frac{3}{\kappa_c} \mathcal{J}^*(z') \left[ 1 - P_s(x', z') \frac{x_0}{x'} \right] \mathbf{M}(x; T_0) + \frac{\lambda(x', z')}{4} \mathbf{T}(x; T_0), \quad (4.6)$$

where  $\mathbf{M} = \bar{I}_\gamma \cdot \mathcal{M}$ ,  $\mathbf{T} = \bar{I}_\gamma \cdot \mathcal{T}$ , and  $x_0 \simeq 3.6$ . We provide the derivation of eq. (4.6) in appendix C.  $P_s(x', z')$  is the probability that a photon injected with frequency  $x'$  at redshift  $z'$  survives before the distribution relaxes into a quasi-stationary phase — injected photons can be absorbed by DCS or BR before CS redistributes them, contributing instead to the heating of baryons [72]. In the limit of  $P_s \rightarrow 0$ , this reduces to a pure energy injection/removal process;  $P_s > 0$  includes the possibility of increasing or decreasing the comoving number density of photons.  $\mathcal{J}^*$  is the visibility function accounting for the washout effect of DCS and BR on the  $\mu$ -type distortion.  $\lambda$  is a coefficient in front  $\mathbf{T}$ , which is set by the normalization condition for the Green's function (eq. (4.5)). The formula for  $\lambda$  can be found in eq. (D.10). The definitions and the numerical values of the other constants, such as  $\alpha_\rho$  and  $\kappa_c$ , are worked out in appendix B. In the weak-coupling region where  $\epsilon \lesssim 10^{-6}$ , as we argued in section 3,  $\mathbf{T}$  is fundamentally unobservable because we treat  $T_0$  as a nuisance parameter when analyzing the data of CMB intensity. Therefore, we simply drop the second term containing  $\mathbf{T}$  in eq. (4.6) from the Green's function, with the only observable part of the distortion coming from the first term containing  $\mathbf{M}$ .<sup>6</sup> When  $T \gg 0.5 \text{ keV}$ ,  $\mathcal{J}^* \simeq 0$  because DCS and BR are efficient enough to set the chemical potential of the CMB photons to zero. In this situation, there is no observable CMB spectral distortion.

An analytic expression for the Green's function during the  $y$ -era,  $G_y$ , is also derived in ref. [72]; the full expression for  $G_y$ , and its other important aspects, are discussed in appendix D.4. Here, to give some physical intuition, we only show the approximate form of  $G_y$  in the limit where CS is very inefficient. The following dimensionless quantity describes the efficiency of CS:

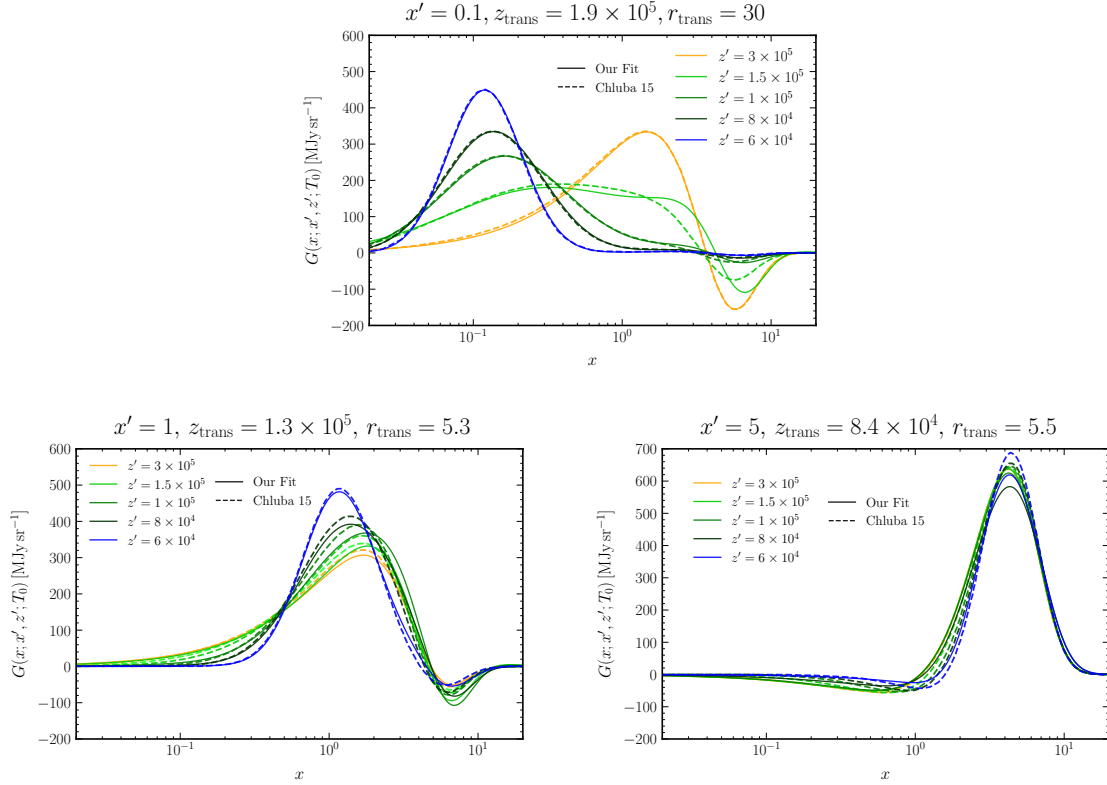
$$y_\gamma(z) = \int_0^z dz' \frac{T(z')}{m_e} \frac{\sigma_T n_e(z')}{H(z')(1+z')}, \quad (4.7)$$

where  $\sigma_T$  is the Thomson scattering cross-section.  $y_\gamma$  is a measure of the efficiency of energy transfer to photons due to Compton scattering.<sup>7</sup> In the late universe, especially during the  $y$  and free-streaming eras,  $y_\gamma \ll 1$ , i.e. CS is inefficient at significantly changing the energy of a photon. In this situation,  $G_y$  can be approximated as

$$G_y(x; x', z'; T_0) \simeq \alpha_\rho x' \cdot (1 - P_s(x', z')) \frac{\mathbf{Y}(x; T_0)}{4} + \alpha_\rho x' \cdot \frac{\bar{\rho}_\gamma(T_0)}{2T_0} P_s(x', z') \delta(x - x'), \quad (4.8)$$

<sup>6</sup>We could have subtracted any multiple of  $\mathbf{T}$  from the expression by the same argument; this is merely a way to simplify the expression for  $G_\mu$ .

<sup>7</sup>Note that since we are in the regime where  $T \ll m_e$ , Compton scattering,  $e^- + \gamma \rightarrow e^- + \gamma$ , simply reduces to Thomson scattering. The fraction of energy transferred to photons during each Thomson scattering event is  $\sim T/m_e$ , which appears as the first term in the integral.



**Figure 3.** The fitted Green’s functions (solid lines) for the  $\mu$ - $y$  transition era listed in eq. (4.9) with different frequencies  $x'$  and different redshifts  $z'$ , compared with the numerically computed Green’s functions obtained in ref. [72] (dashed lines). Here, for each  $x'$ , we find the best fit values of  $z_{\text{trans}}$  and  $r_{\text{trans}}$  compared with ref. [72]. When  $z' \leq 6 \times 10^4$ , we have  $G \simeq G_y$ , which is labeled by solid blue lines. When  $z' \geq 3 \times 10^5$ , we have  $G \simeq G_\mu$ , which is labeled by solid orange lines. The shapes of the Green’s functions in the intermediate epoch, where  $6 \times 10^4 < z < 3 \times 10^5$ , are represented by the green lines with different degrees of darkness.

where  $\mathbf{Y} = \bar{I}_\gamma \cdot \mathcal{Y}$ . In eq. (4.8), the first term leads to a  $y$ -distortion due to heating from the absorption of photons, while the second term leads to a free-streaming distortion, where injected photons simply redshift. In the full expression for  $G_y$ , shown in eq. (D.12), the  $\delta(x - x')$  in the second term of eq. (4.8) is not an exact delta function but is broadened, by CS, into a Gaussian with respect to  $\log x$  with width  $\sim \sqrt{y_\gamma} x'$ . This effect is more pronounced for large  $x'$ , or at earlier epochs where the CS is more efficient. The reader should refer to appendix D.4 for more detailed discussions.

In the  $\mu$ - $y$  transition era, there is no analytic form for the Green’s function available. In order to perform a fully accurate determination of the spectral distortion, a full numerical treatment using a code package like CosmoTherm [102] is needed to track how the CMB spectrum evolves during this era. Since there is no publicly available package for computing spectral distortions, we have to instead rely on approximations. We know that the Green’s function should tend toward the Green’s functions of the  $\mu$ - or  $y$ -eras at higher or lower  $z'$ , and therefore we parametrize

$$G_{\text{trans}}(x; x', z'; T_0) = \mathcal{T}_\mu(x', z') \cdot G_\mu(x; x', z'; T_0) + \mathcal{T}_y(x', z') \cdot G_y(x; x', z'; T_0), \quad (4.9)$$

which smoothly connects Green's functions in the  $\mu$  and  $y$ -eras. As we approach the  $\mu$ -era,  $\mathcal{T}_\mu \simeq 1$  and  $\mathcal{T}_y \simeq 0$ , while  $\mathcal{T}_\mu \simeq 0$  and  $\mathcal{T}_y \simeq 1$ , as we approach the  $y$ -era.

For the fiducial treatment that we adopt in this paper, the form of  $\mathcal{T}_\mu(x', z')$  that we adopt is the same as that of a similar function used to determine the Green's functions for spectral distortions from pure energy injection in the same era [104]:

$$\mathcal{T}_\mu(x', z') = 1 - \exp \left[ - \left( \frac{1 + z'}{1 + z_{\text{trans}}(x')} \right)^{r_{\text{trans}}(x')} \right], \quad (4.10)$$

where  $z_{\text{trans}}$  represents the redshift at which the Green's function transits from  $G_\mu$  to  $G_y$ , and  $r_{\text{trans}}$  represents how rapidly such a transition happens. To maintain the proper normalization of the Green's function, as required by eq. (4.5), we must always have

$$\mathcal{T}_y(x', z') = 1 - \mathcal{T}_\mu(x', z'). \quad (4.11)$$

In eq. (4.10), we take  $z_{\text{trans}}$  and  $r_{\text{trans}}$  to be  $x'$ -dependent parameters, fitting for them at six discrete values:  $x' = 10^{-3}, 10^{-2}, 10^{-1}, 1, 5$ , and  $15$ . For each value of  $x'$ , we find the values of  $z_{\text{trans}}$  and  $r_{\text{trans}}$  that minimize the function

$$\mathcal{D}(z_{\text{trans}}, r_{\text{trans}}; x') = \int_{-\infty}^{+\infty} d \log x \sum_i \left| G(x; x', z'_i; z_{\text{trans}}, r_{\text{trans}}) - \tilde{G}(x; x', z'_i) \right|^2, \quad (4.12)$$

where  $G$  is as defined in eq. (4.9) with  $\mathcal{T}_\mu$  given in eq. (4.10), and  $\tilde{G}$  are the numerically computed Green's functions over all  $z'_i$ , reported in ref. [72]. The sum corresponds to adding up the contributions to  $\mathcal{D}$  for each reported Green's function at the redshifts  $z'_i$ . The best fit values of  $(z_{\text{trans}}, r_{\text{trans}})$  that we obtain for each  $x'$  are

$$\begin{cases} x' = 10^{-3} & : & z_{\text{trans}} = 3.1 \times 10^5, & r_{\text{trans}} = 3.3 \\ x' = 10^{-2} & : & z_{\text{trans}} = 2.3 \times 10^5, & r_{\text{trans}} = 7.1 \\ x' = 10^{-1} & : & z_{\text{trans}} = 1.9 \times 10^5, & r_{\text{trans}} = 30 \\ x' = 1 & : & z_{\text{trans}} = 1.3 \times 10^5, & r_{\text{trans}} = 5.3 \\ x' = 5 & : & z_{\text{trans}} = 8.4 \times 10^4, & r_{\text{trans}} = 5.5 \\ x' = 15 & : & z_{\text{trans}} = 10^5, & r_{\text{trans}} = 2.5 \end{cases}. \quad (4.13)$$

For  $x' = 0.1$ , we find that the fit prefers a sudden transition between  $\mu$ -type and  $y$ -type Green's functions, which occurs at large  $r$ . Finding no significant change to the fit once  $r_{\text{trans}} \geq 30$ , we simply choose  $r_{\text{trans}} = 30$ . To get  $z_{\text{trans}}$  and  $r_{\text{trans}}$  for intermediate values of  $x'$ , we linearly interpolate over  $\log z_{\text{trans}}$  and  $\log r_{\text{trans}}$  as a function of  $\log x'$ .

The resulting fits for  $G_{\text{trans}}(x; x', z'; T_0)$  for  $x' = 0.1, 1$ , and  $5$ , and the comparison with ref. [72], are shown in figure 3. Choices of  $z'$  that are closer to the  $y$ -era are shown in blue, while those that are closer to the  $\mu$ -era are shown in orange. Comparing these results with the numerically computed Green's functions in the  $\mu$ - $y$  transition shown in ref. [72], we find good quantitative agreement for these particular choices of  $z_{\text{trans}}$  and  $r_{\text{trans}}$ , with the relative difference between our approximate Green's functions and those shown in ref. [72] being less than 30% in the region where  $0.1 \leq x' \leq 5$ , across all values of  $z'$  and  $x$  considered. For

$x' < 0.1$  or  $x' > 5$ , energy injection, from  $\gamma \rightarrow A'$  resonant conversion of photons in these ranges, does not contribute significantly to  $\Delta I_\gamma$ . This is because at low  $x'$ , the fraction of energy removed from the CMB by  $\gamma \rightarrow A'$  per  $\log x'$  interval scales as  $x'^2$ , while at large  $x'$ , the CMB becomes exponentially suppressed, and yet again only a small fraction of energy is removed. Given that the error of the fitting in these marginal regions is less than 50%, the full numerical error from integrating over these regions is at most at the 5% level.

So far, we have discussed the procedure we use to set our fiducial limits in the  $\mu$ - $y$  transition era. To further quantify the uncertainty associated with our approximate treatment of the transition era, we also adopt Green's functions in the  $\mu$ - $y$  transition era with different values of constant  $z_{\text{trans}}$  and  $r_{\text{trans}}$ , i.e. with no  $x'$  dependence. To be more specific, we calculate the CMB spectral distortion over the following constant values of  $z_{\text{trans}}$  and  $r_{\text{trans}}$ :  $z_{\text{trans}} = \{5.8 \times 10^4, 10^5, 1.4 \times 10^5\}$  and  $r_{\text{trans}} = \{1.88, 3, 5\}$ . These values were chosen to satisfy the following criteria: 1)  $\Delta I_\gamma^{\text{trans}} \simeq \Delta I_\gamma^\mu$  when  $z_{\text{res}} = 3 \times 10^5$ , so that the Green's function transitions smoothly to the  $\mu$ -era Green's function as  $z$  approaches the  $\mu$ -era, and 2)  $y_\gamma \lesssim 1$  at  $z = z_{\text{trans}}$ , since  $y_\gamma \gg 1$  characterizes the  $\mu$ -era when CS is highly efficient. These other versions of the Green's functions will be used to assess how dependent the limits are on the approximation made in the  $\mu$ - $y$  transition range of  $m_{A'}$  masses.

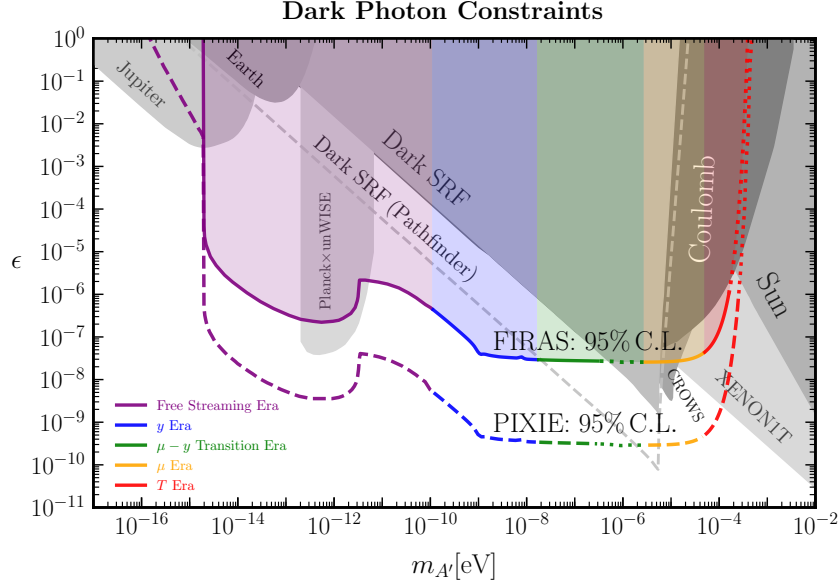
## 5 Spectral distortion from $\gamma \rightarrow A'$ and COBE-FIRAS constraints

The Green's function method described in the previous section allows for the computation of spectral distortions associated with any photon injection/removal process. We can now compute the  $\Delta I_\gamma(x; T_0)$  associated with photon-dark photon oscillations using eq. (4.4), given  $\epsilon$  and  $m_{A'}$ . We then compare the predicted CMB spectrum with the spectral distortion from  $\gamma \rightarrow A'$ , with the intensity of the CMB measured by the FIRAS instrument aboard COBE [49]. To set a limit on  $\epsilon$  for each value of  $m_{A'}$ , we perform a profile likelihood test by constructing a test statistic from the profile likelihood ratio with model parameter  $\epsilon$  and nuisance parameter  $T_0$ . The Gaussian likelihood that we use is constructed from the full covariance matrix provided by the COBE-FIRAS experiment [49]. Further details of the statistical analysis are given in appendix A.

We begin by showing the main result of our analysis in figure 4: the 95% confidence limit on  $\epsilon$  as a function of  $m_{A'}$ . The solid colored line is our fiducial constraint, at the 95 % confidence level, on the dark photon mixing parameter  $\epsilon$  for a broad range of dark photon masses in the ultralight region. Different colors represent the  $\gamma \rightarrow A'$ -induced spectral distortions happening in different epochs: the free-streaming era,  $y$ -era,  $\mu$ - $y$  transition era,  $\mu$ -era, and  $T$ -era are denoted by purple, blue, green, orange, and red, respectively. The results for the free-streaming era, shown in purple, are identical to those found in ref. [43]; the limits for the other regimes constitute new limits worked out in this paper.

The dashed colored line is the projected reach for the next-generation PIXIE satellite [50, 51]. To obtain these projected limits, we recompute the reach for the high mass region where,  $m_{A'} \gtrsim 10^{-10}$  eV, utilizing the same statistical analysis used for our main results, and the PIXIE sensitivities provided in ref. [51]. For the low mass region, where  $m_{A'} \lesssim 10^{-10}$  eV, we show the estimated PIXIE projection from refs. [43, 44]. Again, we assume that we are able





**Figure 4.** The dark photon constraints and projections from CMB spectral distortions. The solid colored line is the CMB constraint from the COBE-FIRAS dataset at the 95% confidence level. The dashed colored line is the future projection from the proposed PIXIE satellite, with a sensitivity  $10^4$  better than FIRAS [50, 51], and assuming perfect foreground removal. Different colors represent different stages of the CMB spectral distortion. The free-streaming era,  $y$ -era,  $\mu$ - $y$  transition era,  $\mu$ -era, and  $y$ -era are denoted by purple, blue, green, orange, and red, respectively. Results from the free-streaming era (purple) are identical to ref. [43]. The green dotted lines show where the uncertainties associated with the Green's function approximation in the  $\mu$ - $y$  transition era are important. We also show with a red dotted line the region of parameter space where large distortions are expected due to a high probability of conversion, where our method does not apply. Although such distortions occur deep in the  $T$ -era, the large  $P_{\gamma \rightarrow A'}$  results in visible distortions that cannot be removed through the variation of  $T_0$  [106]. Other constraints from DarkSRF [73], CROWS [5], Coulomb [1–4], XENON1T [16, 18], Sun [21–24, 26], Jupiter [31–33], Earth [3, 32, 34–36] are labeled and shown in gray. We show the future projection of DarkSRF (Pathfinder) with the gray dashed line [6]. Conservative limits from the Planck CMB power spectrum data derived in ref. [47] found limits that are slightly weaker than those derived from COBE-FIRAS [43, 63], and are therefore not shown, while a separate study found strong limits at  $m_{A'} \sim 10^{-12}$  eV using a cross correlation of Planck and unWISE data [48] (shown in gray, labeled Planck $\times$ unWISE).

to accurately remove foreground contributions to the CMB spectral distortion, such as from reionization, leaving a detailed analysis of foreground removal for future work.

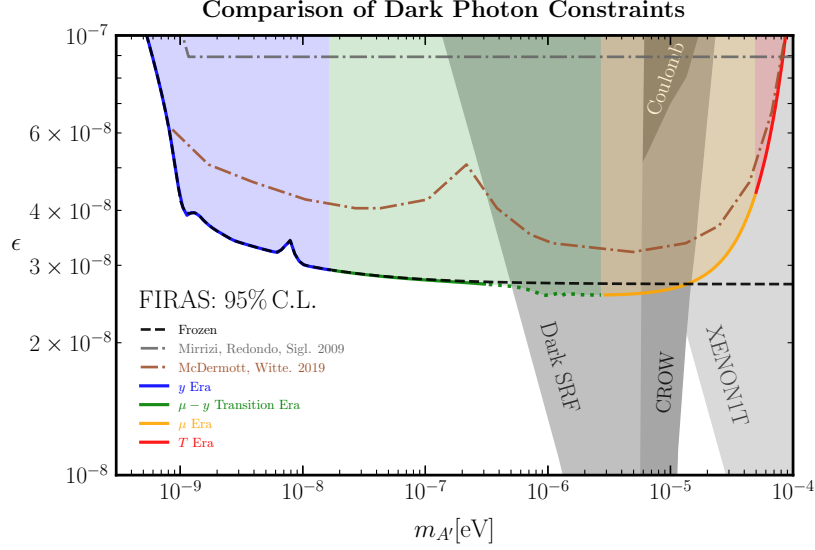
The green line denotes the  $\mu$ - $y$  transition region, in which we use the approximation scheme described in eq. (4.9). When the line is solid, we expect our approximation scheme to be highly robust, while the dotted line indicates the result obtained by our fiducial treatment. Further discussion on this region appears at the end of this section. The red line denotes the  $T$ -era, where DCS and BR are efficient. Therefore, the DP-induced distortions are partially washed out. The solid line denotes the region where the DP-induced CMB distortion is perturbative. In this region, the Green's function method is valid. The dotted line denotes the region where  $\epsilon \gtrsim 10^{-6}$ . In this region, the photon-to-dark-photon

transition probability becomes  $P_{\gamma \rightarrow A'} \gtrsim \mathcal{O}(0.1)$ , where the DP-induced distortion becomes nonperturbative. Furthermore, the large distortion induced by  $\gamma \rightarrow A'$  in this regime takes a significant period of time to thermalize, leading to visible, present-day distortions even though the conversion is happening deep in the  $T$ -era [106]. However, existing laboratory constraints exclude this regime, so we forego providing a precise treatment of the spectral distortion in this region of parameter space.

In gray, we show constraints from other probes, such as the DarkSRF [73], CROWS [5], modifications to Coulomb's law [1–4], XENON1T [16, 18], the Sun [21–24, 26], Jupiter's magnetic field [31–33], and the Earth's magnetic field [3, 32, 34–36]. In addition, the CMB power spectrum has also recently been shown to provide strong limits on the dark photon. Ref. [47] found conservative limits based on Planck data that are slightly weaker than limits from FIRAS data [43, 63], while the cross-correlation between Planck and unWISE [48] gives the leading limits for  $m_{A'} \sim 10^{-12}$  eV. We also show the future pathfinder projection of the Dark SRF with the gray dashed line [6]. Among all the current experimental methods, the CMB spectral distortion stands out as one of the most sensitive methods in the  $10^{-15}$  eV –  $10^{-6}$  eV mass range, even with the COBE-FIRAS dataset acquired three decades ago. Future projections of DarkSRF show strong sensitivity to dark photons with a mass in the range of  $10^{-8}$  eV– $10^{-5}$  eV. Future light-shining-through-wall experiments [7–10] and a next-generation helioscope [14] are also projected to probe new parameter space for  $m_{A'} \gtrsim 10^{-5}$  eV. That being said, a next-generation CMB spectrum experiment will be one of the most effective methods for testing this region of parameter space.

As we enter the  $T$ -era, in the red region of the plot, the distortions due to  $\gamma \rightarrow A'$  become primarily an unobservable shift in the temperature, leaving only a small detectable  $\mu$ -type distortion; this explains the exponential loss of sensitivity in this region. Note that based on our estimate in eq. (2.6), once  $\epsilon \gtrsim 3 \times 10^{-7}$ , the probability of conversion  $P_{\gamma \rightarrow A'}$  for  $x \sim 1$  starts to exceed 1%, and the Green's function assumption of small distortions breaks down. Although a more detailed treatment of large distortions, as described in ref. [107], can be used to get accurate limits in the  $T$ -era with  $\epsilon \gtrsim 3 \times 10^{-7}$ , existing constraints from e.g. XENON1T [16, 18] ( $\epsilon \sim 2 \times 10^{-9}$  for  $m_{A'} \sim 10^{-4}$  eV) far supersede any potential limits from FIRAS or a next-generation CMB spectrum measurement, rendering a careful treatment unnecessary.

Figure 5 shows a zoomed-in version of figure 4, as well as a comparison of our new COBE-FIRAS limits with previous results. The notch seen in our constraints at  $m_{A'} \sim 10^{-8}$  eV is due to HeIII to HeII recombination happening at  $z \sim 6000$ . At this point,  $|dm_\gamma^2/dz|$  is larger than those at nearby redshifts. Therefore,  $P_{\gamma \rightarrow A'}$  is suppressed according to eq. (2.4), which slightly alleviates the COBE-FIRAS constraint at this value of  $m_{A'}$ . The dot-dashed gray line shows the result from ref. [39]. These results assumed that photons were free-streaming even before recombination. They also did not take the evolution of the free electron fraction  $x_e$  into account accurately, resulting in an  $m_{A'}$ -independent limit, due to the approximate result for  $P_{\gamma \rightarrow A'}$  that we derived in eq. (2.5). Updating their result with  $x_e$  calculated from CLASS [108, 109] using Planck 2018 cosmology [89], but still assuming free-streaming, leads to the black dashed curve. We see that free-streaming is an excellent approximation for  $m_{A'} \leq 10^{-7}$  eV, but starts to deviate from the actual results above this

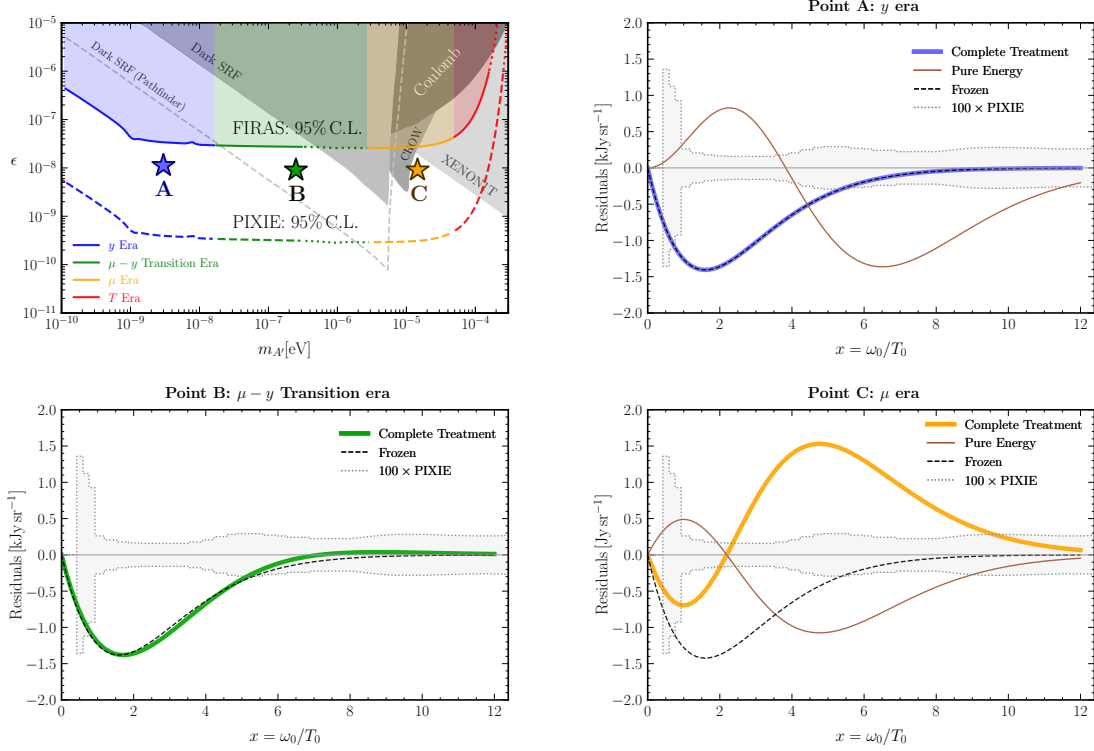


**Figure 5.** Comparison of our fiducial constraint (rainbow colored line) with previous results. The dash-dotted gray line and the dash-dotted brown line are the constraints obtained using the free streaming calculation of ref. [39], and assuming that the effect of  $\gamma \rightarrow A'$  is a pure energy removal process [42], respectively. We repeated the free streaming calculation with the free electron fraction taken from CLASS [108, 109] based on Planck 2018 data, and show the result as the black dashed line.

mass. In particular, we need the full machinery of the Green’s function method to calculate how the limit relaxes at high masses.

The dash-dotted brown line shows the result from ref. [42], which assumes that the effect of  $\gamma \rightarrow A'$  is equivalent to a pure energy removal process, producing  $\mu$ - and  $y$ -type distortions in their respective eras. They then directly recast the COBE-FIRAS constraints on  $|\mu|$  and  $|y|$  parameters to the dark photon parameter space. This assumption is also inaccurate: the actual distortion differs significantly from a pure  $\mu$ - or  $y$ -type distortion, as we discuss in detail below. Furthermore, ref. [42] did not attempt to treat the  $\mu$ - $y$  transition period consistently, leading to an artificial notch at around  $m_{A'} \sim 2 \times 10^{-7}$  eV.

Importantly, the shape of the spectral distortion predicted by our more complete treatment differs significantly from the distortion expected from either ref. [39] or ref. [42]. In figure 6, we show the spectral shape of a residual signal for a resonant conversion happening at three benchmark points: point “A” in the  $y$ -era (blue, top right), point “B” in the  $\mu$ - $y$  transition era (green, bottom left), and point “C” in the  $\mu$ -era (yellow, bottom right). We choose  $\epsilon$  to be roughly three times smaller than the COBE-FIRAS constraint that we set in parameter space that is currently not ruled out. In these three panels, the thick solid lines labeled by “complete treatment” are the shapes of the CMB spectral distortions acquired in our work. We compare this to the CMB spectral distortion assuming free-streaming photons after  $\gamma \rightarrow A'$  conversion (dashed black, labeled “Frozen”, utilized in ref. [39]) and the one assuming that  $\gamma \rightarrow A'$  induces a pure energy removal (solid brown, labeled “Pure Energy,” utilized in ref. [42]). We also include the expected sensitivity from PIXIE, [51] scaled up by a factor of 100 for clarity, to highlight the impact a next-generation CMB spectrum satellite would have on detecting  $A'$ .



**Figure 6.** (*Top left*) Parameter points  $A$ ,  $B$  and  $C$  as a function of  $m_{A'}$  and  $\epsilon$ , and the CMB spectral distortion caused by  $\gamma \rightarrow A'$  happening in points  $A$  (*top right*,  $y$ -era),  $B$  (*bottom left*,  $\mu$ - $y$  transition era), and  $C$  (*bottom right*,  $\mu$ -era). We plot the predicted CMB spectral distortion using our method (thick lines with the same colors as corresponding eras) labeled by the “completed treatment”, the method assuming just free-streaming, labeled “frozen” (black dashed lines), and the method assuming the spectral distortion is given by a pure energy removal (thin solid brown lines) for a direct comparison with ref. [42]. This latter did not include a specific treatment for the  $\mu$ - $y$  transition era. Therefore, for point  $B$  we do not show the pure energy injection curve. The computed distortions is to be compared with the projected sensitivity of PIXIE [51] multiplied by a factor of 100 for clarity (dotted lines).

At point “A”, resonant  $\gamma \rightarrow A'$  conversion happens in the  $y$ -era. From the upper right panel of figure 6, we find that the spectral distortion shape from the complete treatment (thick solid blue) is similar to the result under the assumption that photons free-stream after  $\gamma \rightarrow A'$  conversion (dashed black). It is instructive to see how taking the appropriate limit of  $G_y$  in our calculations reproduces the distortion from simple free-streaming at low redshifts. Because  $P_s \simeq 1$  in the relevant frequency range, the free-streaming term in eq. (4.8) dominates over the  $\mathbf{Y}$ -term. Moreover, because  $y_\gamma \ll 1$ , the delta-function approximation that we used in eq. (4.8) is legitimate (this is the correct limit obtained by taking the more general Green’s function found in eq. (D.12) and applying the narrow width approximation). Based on the discussions above, we can substitute eq. (4.8) into eq. (4.2) to obtain

$$y \text{ era: } \Delta I_\gamma^y(x; T_0) \simeq -P_{\gamma \rightarrow A'}(x) \bar{I}_\gamma(x; T_0), \quad (5.1)$$

which is the same as the result assuming that photons only free-stream after the resonant  $\gamma \rightarrow A'$  conversion. This result explains the smooth transition from our COBE-FIRAS

constraint to the one shown in ref. [43] when  $m_{A'} \lesssim 10^{-10}$  eV. One should also note that naively assuming that spectral distortions imparted on the CMB by  $\gamma \rightarrow A'$  are equivalent to pure energy removal, as utilized in ref. [42], leads to the incorrect shape of the CMB distortion. This treatment is equivalent to setting  $P_s \simeq 0$  in our expression for  $G_y$ , such that  $\Delta I_\gamma(x; T_0)|_{\text{pure energy}} \propto \mathbf{Y}(x; T_0)$  instead. Therefore, the COBE-FIRAS constraint in ref. [42] cannot smoothly transit to the low mass limits in ref. [43], when  $m_{A'} \lesssim 10^{-10}$  eV. This highlights the importance of the more accurate calculation that we perform in this paper.

The point “C” corresponds to the  $\gamma \rightarrow A'$  resonant conversion in the  $\mu$ -era. From the lower right panel of figure 6, we find that the CMB spectral distortion (thick solid orange) has a similar shape to the  $\mathbf{M}$ -function, but has the opposite sign as compared to the result assuming the spectral distortion comes from just pure energy removal (solid brown) utilized in ref. [42]. To quantitatively explain this, we can write the  $\mu$ -era distortion as

$$\mu \text{ era: } \Delta I_\gamma^\mu(x; T_0) = \mu_{\gamma \rightarrow A'} \mathbf{M}(x; T_0), \quad (5.2)$$

where

$$\mu_{\gamma \rightarrow A'} \simeq -\alpha_\rho \frac{3}{\kappa_c} \mathcal{J}^*(z_{\text{res}}) \epsilon^2 \mathcal{F} \left( 1 - \left\langle P_s(x', z_{\text{res}}) \frac{x_0}{x'} \right\rangle \right). \quad (5.3)$$

Here,  $x_0 \simeq 3.6$ , and

$$\langle f(x') \rangle = \int dx' \frac{1}{\bar{n}_\gamma} \frac{d\bar{n}_\gamma}{dx'} f(x'), \quad (5.4)$$

which corresponds to an average of  $f(x')$  over the spectrum of photons. As we have discussed in section 4, the temperature shift term of eq. (4.6) can be removed because  $T_0$  is a nuisance parameter varied during the data analysis. Here, we approximately have  $P_{\gamma \rightarrow A'} \simeq \epsilon^2 \mathcal{F}/x'$  based on eq. (2.5). In the frequency range and redshift we are interested in, we find that  $P_s \simeq 1$ . Therefore, we have

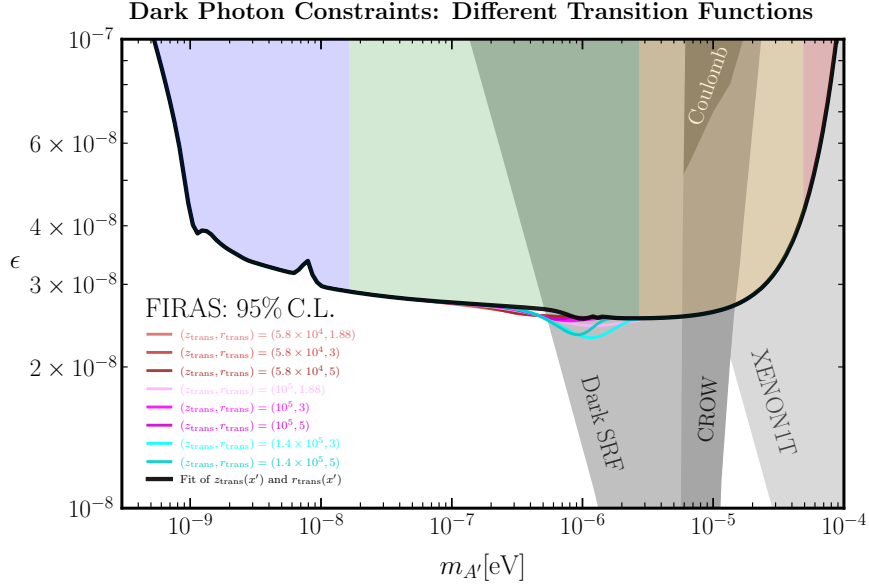
$$\mu_{\gamma \rightarrow A'} \propto - \left( 1 - \left\langle \frac{x_0}{x'} \right\rangle \right) > 0. \quad (5.5)$$

This result is completely different from the spectral distortion calculated under the pure energy removal formalism assumption, as used in ref. [42]. The pure energy removal process is recovered in the limit where no photons survive and everything cools the plasma, i.e.  $P_s \simeq 0$ , from which we obtain  $\mu_{\gamma \rightarrow A'}|_{\text{pure energy}} < 0$ , which has the opposite sign. This explains the apparent sign flip in the bottom right plot of figure 6.

The bottom left plot of figure 6 corresponds to point “B”, with  $\gamma \rightarrow A'$  happening in the  $\mu$ - $y$  transition era. The CMB spectral distortion (thick blue line) is then obtained by plugging the Green’s function, eq. (4.9), into eq. (4.4)

$$\mu - y \text{ transition era: } \Delta I_\gamma^{\text{trans}}(x; T_0) = - \int dx' \frac{1}{\bar{n}_\gamma} \frac{d\bar{n}_\gamma}{dx'} P_{\gamma \rightarrow A'}(x') G_{\text{trans}}(x; x', z_{\text{res}}; T_0). \quad (5.6)$$

Because the point “B” is at the side nearer to the  $y$ -era, the spectral distortion tends to be more like eq. (5.1), which is close to the CMB spectral distortion under the free-streaming assumption (dashed black). Our approximation for  $\Delta I_\gamma^{\text{trans}}$  in eq. (5.6) depends on our choice of the parametrization of the transition function  $\mathcal{T}_\mu$  inside  $G_{\text{trans}}$ .



**Figure 7.** The dark photon COBE-FIRAS constraint given different transition functions. As shown in eq. (4.10), the transition function  $\mathcal{T}_\mu$  is parameterized by two parameters  $z_{\text{trans}}$  and  $r_{\text{trans}}$ , which represent at which redshift and how fast the  $\mu$ - $y$  transition happens during the cosmological evolution. The black thick solid line is our fiducial constraint with  $z_{\text{trans}}(x')$  and  $r_{\text{trans}}(x')$  obtained by the fitting procedure described in the text. We can find that the dark photon COBE-FIRAS constraints with different  $z_{\text{trans}}$  and  $r_{\text{trans}}$  overlap in the dark photon mass range related to the whole free-streaming era,  $y$ -era,  $\mu$ -era,  $T$  era, and most of the  $\mu$ - $y$  transition era. For the small portion of the  $m_{A'}$  region where the COBE-FIRAS constraints with different parameterizations do not overlap, we draw this part of the constraint with the dashed line, which is the most conservative constraint among all the parameterizations of  $\mathcal{T}_\mu$ .

Figure 7 shows the different limits that we obtain under the different choices for the form of  $\mathcal{T}_\mu$  discussed in section 4. Our fiducial choice, with  $z_{\text{trans}}$  and  $r_{\text{trans}}$  varying over  $x'$ , is shown in black, while other choices of constant  $z_{\text{trans}}$  and  $r_{\text{trans}}$  are shown by the colored lines. We find that choosing different parametrizations of  $\mathcal{T}_\mu$  leads to similar limits in the range  $2 \times 10^{-8} \text{ eV} \lesssim m_{A'} \lesssim 2 \times 10^{-7} \text{ eV}$  in the  $\mu$ - $y$  transition region, where we therefore expect our limits to be robust. In this regime, the  $\gamma \rightarrow A'$  transitions occur during a period when  $G_{\text{trans}} \simeq G_y$ , in agreement with the results shown in ref. [72], and so the different parametrization choices are not important. We therefore label the limit that we obtain as a solid green line in figure 4 and subsequent figures. In the region  $3 \times 10^{-7} \text{ eV} \lesssim m_{A'} \lesssim 3 \times 10^{-6} \text{ eV}$ , we instead find differences in the limit, on the order of a few tens of percent, between different assumptions on  $z_{\text{trans}}$  and  $r_{\text{trans}}$ . However, the fiducial approach that we adopt also gives the weakest constraints in this range, and so we adopt the fiducial result as our limit. We denote our limit in figure 4 and subsequent figures with a dotted line, as an indication of the fact that our result may shift by a few tens of percent in  $\epsilon$ . A more comprehensive, numerical approach in this limited mass range is still highly desirable, particularly for predicting the exact spectral shapes of distortions during this epoch.

As a closing remark, we want to stress that characterizing the CMB spectral distortion accurately can help to distinguish between different particle physics models. Consider, for example, the signals induced by resonant  $\gamma \rightarrow A'$  and  $\gamma \rightarrow a$  transitions during the  $\mu$ -era, where  $a$  denotes an axion-like particle. As discussed above,  $\gamma \rightarrow A'$  induces a positive chemical potential shift. On the other hand, resonant  $\gamma \rightarrow a$  transitions induce a negative chemical potential shift instead. This is because the transition probability from CMB photons to axions satisfies  $P_{\gamma \rightarrow a} \propto x'$ , when  $\gamma \rightarrow a$  transitions happens in the RAD universe [40]. Doing a similar analysis as above, we have  $\mu_{\gamma \rightarrow a} \propto -(\langle x'^2 \rangle - x_0 \langle x' \rangle) < 0$ , which has a sign difference compared to the dark photon in eq. (5.5). The spectral distortion is therefore highly model dependent, and, when accurately measured, can give information about the cause of any detected spectral distortion.

## 6 Conclusions

In this work, we have employed the Green's function method for photon injection and removal to perform an accurate determination of the COBE-FIRAS constraint on  $\epsilon$  as a function of  $m_{A'}$ , due to spectral distortions arising from resonant  $\gamma \rightarrow A'$  oscillations. Our updated limit transitions seamlessly to the free-streaming era constraint, when  $m_{A'} \lesssim 10^{-10}$  eV, and maintains consistency and smoothness during the  $\mu$ - $y$  transition era. Even without a full numerical treatment, our approximation for the Green's function during the  $\mu - y$  transition era has an estimated 20% theoretical uncertainty in the mass range of  $3 \times 10^{-7} - 3 \times 10^{-6}$  eV due to the different choices of transition functions. This improves on previous approaches in terms of the accuracy and consistency of the calculation. Moreover, our methodology accurately predicts the shape of the CMB spectral distortion across different eras, which differs significantly from the predictions in previous work, which made the assumption that the induced distortion is equivalent to a pure energy removal process from baryons [42]. For example, we find that for conversions occurring during the  $\mu$ -era, the  $\gamma \rightarrow A'$  induces a positive chemical potential shift in the CMB spectrum, and not a negative shift; likewise, in the  $y$ -era, we found that  $\gamma \rightarrow A'$  induces a distortion consistent with free streaming photons, differing from the  $y$ -distortion predicted by ref. [42]. This is crucial for identifying definitive signatures of  $\gamma \rightarrow A'$  conversions in upcoming experiments aiming to measure CMB spectral distortions. Our limits from COBE-FIRAS, and future projections for next-generation experiments such as PIXIE, form accurate benchmarks for experiments like DarkSRF, which are targeting dark photons in a similar mass range.

The strong limits that we obtain for dark photons in this work demonstrate that CMB spectral distortions are an important probe of new physics in the early universe. While there are existing private code packages like CosmoTherm [102] that are capable of performing a full numerical treatment of spectral distortions, an open-source code would help to make spectral distortion calculations more accessible to the cosmology and high-energy theory communities. In addition, the exquisite sensitivity of future CMB experiments like PIXIE means that any new physics signal needs to be disentangled from foreground distortions from reionization and the intracluster medium. A detailed analysis of how well we can recover a signal like those expected in  $\gamma \rightarrow A'$  in the presence of these foregrounds, together with



a more realistic treatment of the detector performance, may be of interest in providing a realistic assessment of the new-physics reach of PIXIE.

**Note added.** The results from this work were first presented by one of us in their PhD thesis [74] and at a conference talk [75]. While we were finalizing this submission, ref. [110] appeared on the arXiv, which also studies DP-induced spectral distortions. Ref. [110] contains a full numerical treatment for spectral distortions, using the private code CosmoTherm [102], by one of the authors. A fully numerical approach allows the authors to treat also the regime of large spectral distortions, where the Green’s function method that we use breaks down. However, this is only important for  $m_{A'} \gtrsim 10^{-4}$  eV and kinetic mixing above  $\sim 10^{-6}$ . This region of the parameter space is already robustly excluded by other experiments, such as Xenon1T and solar emission constraints. For all parts of parameter space where our CMB spectral distortion limits are the most stringent constraint, distortions remain small, and the comparison between our results and those of ref. [102] shows excellent agreement between the Green’s function method and the full numerical treatment. All of our code and data are made public, including the fits for the Green’s functions in the  $\mu - y$  transition era, which were not available before. These may also be applied in other contexts where photon injection or subtraction take different forms.

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## A Profile likelihood test

The analysis of the COBE-FIRAS data in our paper follows refs. [43, 44]. In this section, we give an introduction to this analysis, for completeness. To impose the constraint, or the future projections, on  $\gamma \rightarrow A'$  oscillations using data from CMB spectral measurements, we

use the constructed Gaussian likelihood function<sup>8</sup>

$$\log \mathcal{L}(\text{data}|m_{A'}, \epsilon) = \max_{T_0} \left\{ -\frac{1}{2} \delta \mathbf{I}_\gamma^T(m_{A'}, \epsilon; T_0) \cdot \mathbf{C}^{-1} \cdot \delta \mathbf{I}_\gamma(m_{A'}, \epsilon; T_0) \right\}. \quad (\text{A.1})$$

$\mathbf{C}$  is the  $N_{\text{data}} \times N_{\text{data}}$  covariance matrix.  $N_{\text{data}}$  is the number of the data points.  $\delta \mathbf{I}_\gamma(m_{A'}, \epsilon; T_0)$  is the  $N_{\text{data}}$  vector which is written as

$$\delta \mathbf{I}_\gamma(m_{A'}, \epsilon; T_0) = \bar{\mathbf{I}}_\gamma(T_0) + \Delta \mathbf{I}_\gamma(m_{A'}, \epsilon; T_0) - \bar{\mathbf{I}}_\gamma(T_{\text{data},0}) - \mathbf{R}, \quad (\text{A.2})$$

where  $T_{\text{data},0} = 2.7255\text{K}$  is the measured CMB temperature,  $\mathbf{R}$  is the  $N_{\text{data}}$  vector of residuals, and  $\Delta \mathbf{I}_\gamma(m_{A'}, \epsilon; T_0)$  is the  $\gamma \rightarrow A'$ -induced CMB spectral distortion for all frequency bins given the dark photon parameter  $m_{A'}$  and  $\epsilon$ . Note that  $\bar{\mathbf{I}}_\gamma(T_{\text{data},0}) + \mathbf{R}$  is the observed COBE-FIRAS spectrum, and  $\bar{\mathbf{I}}_\gamma(T_0) + \Delta \mathbf{I}_\gamma(m_{A'}, \epsilon; T_0)$  is the predicted CMB spectrum with distortions from dark photons with a blackbody temperature of  $T_0$ , so that  $\delta \mathbf{I}_\gamma$  is the difference between the predicted and measured spectra. In the COBE-FIRAS dataset [49],  $N_{\text{data}} = 43$  and the covariance matrix elements are

$$\mathcal{C}_{ij} = \sigma_i \sigma_j \mathcal{Q}_{|i-j|}, \quad (\text{A.3})$$

where  $i, j = 1, \dots, N_{\text{data}}$ . Here,  $\sigma$  is the uncertainty and  $\mathcal{Q}$  is the  $N_{\text{data}} \times 1$  vector which is

$$\mathcal{Q} = (\mathcal{Q}_0, \mathcal{Q}_1, \dots, \mathcal{Q}_{N_{\text{data}}-1}) = (1, 0.176, \dots, 0.008). \quad (\text{A.4})$$

The test statistic is

$$\text{TS}(m_{A'}, \epsilon) = 2 \left[ \log \mathcal{L}(\text{data}|m_{A'}, \epsilon) - \max_{\epsilon} \log \mathcal{L}(\text{data}|m_{A'}, \epsilon) \right], \quad (\text{A.5})$$

which by Wilks' theorem [111, 112] follows a  $\chi^2$ -distribution with one degree of freedom. Therefore, to test  $A'$  with 95% confidence interval with a one-sided  $\chi^2$  distribution, we choose  $\text{TS} = -2.71$  to impose the constraint on  $\epsilon$  given  $m_{A'}$ .

For the PIXIE projection, we use the sensitivity provided in ref. [51], which assumes  $N_{(\text{data})} = 313$ ,  $\mathbf{R} = \mathbf{0}$ , and a diagonal covariance matrix.

## B Constants

In this section, we list the constants appearing in the calculation of the CMB spectral distortion and introduce their physical meanings. Firstly, we write down the following integrals

$$\begin{cases} \mathbb{T}_k = \int_0^\infty dx x^k \cdot \bar{f}_\gamma(x) \cdot \mathcal{T}(x) = (k+1)! \zeta(k+1), \\ \mathbb{F}_k = \int_0^\infty dx x^k \cdot \bar{f}_\gamma(x) = k! \zeta(k+1), \end{cases} \quad (\text{B.1})$$

<sup>8</sup>Since we are profiling over  $T_0$ , when calculating the CMB spectral distortion happening in the  $\mu$ -era, we only need to include the  $\mathbf{M}$ -term in eq. (4.6) when utilizing the Green's function method. This gives numerically more reliable results.

that are used in this paper. Given the fundamental ingredients shown in eq. (B.1), we can write all the constants appearing in the calculation of the CMB spectral distortion as

$$\begin{aligned}\alpha_\rho &= \frac{\mathbb{F}_2}{\mathbb{F}_3} \simeq 0.3702, & \alpha_\mu &= \frac{\mathbb{T}_1}{\mathbb{T}_2} \simeq 0.456, \\ x_0 &= \frac{\mathbb{T}_3}{\mathbb{T}_2} = \frac{4}{3\alpha_\rho} \simeq 3.6, & \kappa_c &= \frac{\mathbb{T}_1\mathbb{T}_3 - \mathbb{T}_2^2}{\mathbb{F}_2\mathbb{F}_3} \simeq 2.14185.\end{aligned}\tag{B.2}$$

Here,  $\alpha_\rho$  quantifies the ratio between  $\bar{\rho}_\gamma$  and  $\bar{n}_\gamma$ , which is given by

$$\alpha_\rho = \frac{\bar{n}_\gamma(T) T}{\bar{\rho}_\gamma(T)}.\tag{B.3}$$

$\alpha_\mu$  quantifies the relation between the nonzero chemical potential and the temperature shift for the pure energy injection ( $P_s = 0$ ) during the  $\mu$ -era. In this case, the CMB photon number density does not change. From eqs. (3.7) and (3.8), we have

$$P_s = 0 : \quad \frac{t}{\mu} = \frac{\int d^3\mathbf{k} \bar{f}_\gamma(x) \cdot \mathcal{T}(x)/x}{\int d^3\mathbf{k} \bar{f}_\gamma(x) \cdot \mathcal{T}(x)} = \alpha_\mu.\tag{B.4}$$

$x_0$  is the dimensionless critical frequency for the photon injection or removal process. Let us take the monochromatic photon injection with the dimensionless frequency  $x$ , as an example. For the low-frequency photon satisfying  $x < P_s \cdot x_0$ , the chemical potential from the photon injection flips sign compared to a pure energy injection.  $\kappa_c$  comes from solving the equations for the number and energy density variations of the CMB photon caused by the photon injection.  $3/\kappa_c \simeq 1.401$  is the numerical factor that frequently appears in former literature, such as refs. [53, 72, 103, 104, 113], when describing the nonzero chemical potential developed during the  $\mu$ -era.

## C Monochromatic photon injection in the $\mu$ -era

In this section, we derive the chemical potential and temperature shift in the  $\mu$ -era. As a simplified example, in this section, we only consider the monochromatic photon injection, with frequency  $x_{\text{inj}}$ , at the redshift  $z_{\text{inj}}$ , which gives

$$\Gamma_{\text{inj}}(x, z) = \tilde{\Gamma}_{\text{inj}} \delta(x - x_{\text{inj}}) \delta(z - z_{\text{inj}}).\tag{C.1}$$

In appendix D.3, we present the Green's function formalism for photon injections, in the  $\mu$ -era, with continuous spectra and redshifts.

From eq. (3.7), we see that the variations in number and energy densities in the  $\mu$ -era are

$$\begin{cases} P_s(x_{\text{inj}}, z_{\text{inj}}) \Delta n_{\gamma, \text{inj}} = g_\gamma \int d^3\mathbf{k} \Delta f_\gamma = \bar{n}_\gamma(T_{\text{inj}}) \left( \frac{\mathbb{T}_2}{\mathbb{F}_2} t_{\text{inj}} - \frac{\mathbb{T}_1}{\mathbb{F}_2} \mu_{\text{inj}} + \cdots \right), \\ \Delta \rho_{\gamma, \text{inj}} = g_\gamma \int d^3\mathbf{k} \omega \Delta f_\gamma = \bar{\rho}_\gamma(T_{\text{inj}}) \left( \frac{\mathbb{T}_3}{\mathbb{F}_3} t_{\text{inj}} - \frac{\mathbb{T}_2}{\mathbb{F}_3} \mu_{\text{inj}} + \cdots \right) \end{cases},\tag{C.2}$$

where  $\mu_{\text{inj}}$  and  $t_{\text{inj}}$  represent the chemical potential and temperature shifts, respectively, immediately after photon injection.  $\Delta n_{\gamma, \text{inj}}$  and  $\Delta \rho_{\gamma, \text{inj}}$  represent the number and energy densities of injected photons, which can be written as

$$\Delta n_{\gamma, \text{inj}} = \frac{d\bar{n}_\gamma}{dx_{\text{inj}}} \frac{\tilde{\Gamma}_{\text{inj}}}{(1 + z_{\text{inj}})H(z_{\text{inj}})} \quad \text{and} \quad \Delta \rho_{\gamma, \text{inj}} = x_{\text{inj}} T \Delta n_{\gamma, \text{inj}}.\tag{C.3}$$

$P_s$  is the photon survival probability, quantifying the ratio of remaining injected photons after the photon absorption by DCS and BR. Solving eq. (C.2) and utilizing eq. (B.3), we have

$$\mu_{\text{inj}} = \alpha_\rho x_{\text{inj}} \cdot \frac{3}{\kappa_c} \left[ 1 - P_s(x_{\text{inj}}, z_{\text{inj}}) \frac{x_0}{x_{\text{inj}}} \right] \frac{\Delta n_{\gamma, \text{inj}}}{\bar{n}_\gamma}, \quad (\text{C.4})$$

and

$$t_{\text{inj}} - \alpha_\mu \mu_{\text{inj}} = \alpha_\rho x_{\text{inj}} \cdot \frac{P_s}{4} \frac{x_0}{x_{\text{inj}}} \frac{\Delta n_{\gamma, \text{inj}}}{\bar{n}_\gamma}. \quad (\text{C.5})$$

Because DCS and BR tend to drive the chemical potential of CMB photons to zero, the chemical potential today,  $\mu_0$ , is given by  $\mu_{\text{inj}}$  multiplied by the visibility function

$$\mathcal{J}^*(z) \simeq 0.983 \exp \left[ - \left( \frac{z}{z_\mu} \right)^{2.5} \right] \left[ 1 - 0.0381 \left( \frac{z}{z_\mu} \right)^{2.29} \right], \quad \text{where } z_\mu \simeq 2 \times 10^6. \quad (\text{C.6})$$

The derivation of eq. (C.6) can be found in ref. [114]. Therefore, we have

$$\mu_0 = \alpha_\rho x_{\text{inj}} \cdot \frac{3}{\kappa_c} \mathcal{J}^*(z_{\text{inj}}) \left[ 1 - P_s(x_{\text{inj}}, z_{\text{inj}}) \frac{x_0}{x_{\text{inj}}} \right] \frac{\Delta n_{\gamma, \text{inj}}}{\bar{n}_\gamma}. \quad (\text{C.7})$$

When  $z_{\text{inj}} \gg z_\mu$ ,  $\mathcal{J}^* \simeq 0$ , and therefore  $\mu_0 \simeq 0$ . Alternatively, when  $z_{\text{inj}} \ll z_\mu$ ,  $\mathcal{J}^* \simeq 1$ , implying that  $\mu_0 \simeq \mu_{\text{inj}}$ . To illustrate the difference between pure photon injection ( $P_s \simeq 1$ ) and pure energy injection ( $P_s \simeq 0$ ), we compare the ratio of the chemical potentials of CMB photons, in both cases, and find

$$\frac{\mu_0|_{P_s=1}}{\mu_0|_{P_s=0}} \simeq 1 - \frac{x_0}{x_{\text{inj}}}. \quad (\text{C.8})$$

From this equation, we find that when  $x_{\text{inj}} < x_0$ , the two chemical potentials have different signs. Therefore, for photon injections in this frequency range, one clearly cannot naively use the pure energy injection formalism of ref. [104].

For generic photon injection/removal processes happening in the  $\mu$ -era, the  $\mu$  distortion can be decomposed into a linear superposition of a series of monochromatic photon injection/removal processes. In this case, by performing the replacements  $x_{\text{inj}} \rightarrow x'$ ,  $z_{\text{inj}} \rightarrow z'$ , and  $\tilde{\Gamma}_{\text{inj}} \rightarrow \Gamma_{\text{inj}}(x', z')$ , the induced chemical potential shift can be written as

$$\mu = \int dz' \int dx' \alpha_\rho x' \left[ 1 - P_s(x', z') \frac{x_0}{x'} \right] \frac{d\bar{n}_\gamma/dx'}{\bar{n}_\gamma} \frac{\Gamma_{\text{inj}}(x', z')}{(1+z')H(z')}. \quad (\text{C.9})$$

The above calculation is actually the derivation of the factor in front of the first term in eq. (4.6), which contains  $\mathbf{M}$ . The second term in eq. (4.6), containing  $\mathbf{T}$ , is derived utilizing the normalization condition listed in eq. (4.5), which is equivalent to imposing energy conservation for the photon injection/removal processes.

## D Green's functions

In this section, we introduce the calculation of the CMB spectral distortion, utilizing the Green's function method, and list the concrete forms of Green's functions used in our work. Here, the CMB spectral distortion is

$$\Delta I_\gamma(x; T_0) = \int dx' \int dz' G(x; x', z'; T_0) S(x', z'). \quad (\text{D.1})$$

$S(x', z')$  is the source of the photon injection, and it is written as<sup>9</sup>

$$S(x', z') = \frac{1}{\bar{n}_\gamma} \frac{d\bar{n}_\gamma}{dx'} \frac{\Gamma_{\text{inj}}(z')}{(1+z')H(z')} . \quad (\text{D.2})$$

Positive and negative  $\Gamma_{\text{inj}}$  represent the rate of the photon injection and removal, respectively.<sup>10</sup>

### D.1 Functions

In this subsection, we summarize the functions that appear in Green's functions and are distributed throughout the main text. For CMB photons with an exact blackbody phase space distribution, the intensity is

$$\bar{I}_\gamma(\omega_0; T_0) = \frac{\omega_0^3}{2\pi^2} \bar{f}_\gamma(x; T_0) = \frac{T_0^3}{2\pi^2} \frac{x^3}{e^x - 1} . \quad (\text{D.3})$$

To describe the shape of the CMB spectral distortion, we have the dimensionless functions

$$\mathcal{T}(x) = \frac{xe^x}{e^x - 1}, \quad \mathcal{M}(x) = \mathcal{T}(x) \left( \alpha_\mu - \frac{1}{x} \right), \quad \mathcal{Y}(x) = \mathcal{T}(x) \left( x \frac{e^x + 1}{e^x - 1} - 4 \right), \quad (\text{D.4})$$

where  $\mathcal{T}(x)$  comes from the temperature shift,  $\mathcal{M}(x)$  from the nonzero chemical potential, and  $\mathcal{Y}(x)$  from the SZ effect. To describe the absolute CMB spectral distortion in terms of intensity, we define the functions

$$\begin{pmatrix} \mathbf{T}(x; T_0) \\ \mathbf{M}(x; T_0) \\ \mathbf{Y}(x; T_0) \end{pmatrix} = \bar{I}_\gamma(x; T_0) \times \begin{pmatrix} \mathcal{T}(x) \\ \mathcal{M}(x) \\ \mathcal{Y}(x) \end{pmatrix}, \quad (\text{D.5})$$

which have the same dimension as the CMB intensity and Green's functions. In this paper, we use eqs. (D.4) and (D.5) interchangeably.

### D.2 Green's function normalization

We now derive the Green's function normalization shown in eq. (4.5). First, the relation between the distortion to the intensity of the CMB,  $\Delta I_\nu(x)$ , and the total energy density of the distortion,  $\Delta\rho_\gamma$ , is

$$\Delta\rho_\gamma = 2T_0 \int dx \Delta I_\gamma(x) = 2T_0 \int dx \int dx' \int dz' G(x; x', z'; T_0) S(x', z'), \quad (\text{D.6})$$

where we have used the relation  $xT_0 = 2\pi\nu_0$ . On the other hand, from eq. (D.2), we see that the injected energy density, in the frequency and redshift intervals  $(x', x' + dx')$  and  $(z', z' + dz')$ , respectively, is given by  $x'T_0(1+z') \cdot \bar{n}_\gamma(T_0)(1+z')^3 \cdot S(x', z')$ . This energy density redshifts as  $(1+z)^4$ ; we therefore see that

$$\Delta\rho_\gamma = \int dx' \int dz' x' T_0 \bar{n}_\gamma(T_0) S(x', z'). \quad (\text{D.7})$$

<sup>9</sup>To get the source term in ref. [72], we can do the replacement  $S(x', z') \rightarrow 2\pi T_0 x' \cdot S(x', z')$ .

<sup>10</sup>For  $\gamma \rightarrow A'$  resonant conversions, we can derive eq. (4.3), under the narrow width approximation, by substituting eq. (2.3) into eq. (D.2).

Comparing eqs. (D.6) and (D.7), we find

$$2T_0 \int dx G(x; x', z'; T_0) = x' T_0 \bar{n}_\gamma(T_0) = x' \alpha_\rho \bar{\rho}_\gamma(T_0), \quad (\text{D.8})$$

where  $\alpha_\rho$  is defined in eq. (B.3). This equation is the same expression shown in eq. (4.5), and corresponds to a normalization condition of the Green's function.

### D.3 Green's function in the $\mu$ -era

For the CMB spectral distortion in the  $\mu$ -era, we have

$$G_\mu(x; x', z'; T_0) = \alpha_\rho x' \cdot \frac{3}{\kappa_c} \mathcal{J}^*(z') \left[ 1 - P_s(x', z') \frac{x_0}{x'} \right] \mathbf{M}(x; T_0) + \frac{\lambda(x', z')}{4} \mathbf{T}(x; T_0), \quad (\text{D.9})$$

where

$$\lambda(x', z') = \alpha_\rho x' \cdot \left[ 1 - \left( 1 - P_s(x', z') \frac{x_0}{x'} \right) \mathcal{J}^*(z') \right]. \quad (\text{D.10})$$

$P_s(x', z')$  is the survival probability function of the injected photons. During the  $\mu$ -era, it can be approximately written as

$$P_s(x', z') = e^{-\tau_{\text{ff}}(x', z')}, \quad (\text{D.11})$$

where  $\tau_{\text{ff}}(x', z') \simeq x_c(z')/x'$ .  $\tau_{\text{ff}}(x', z')$  is the optical depth describing the absorption of the injected photons caused by BR and DCS, and  $x_c(z')$  is the critical frequency for CS to dominate over BR and DCS.  $\lambda(x', z')$  is determined by the normalization condition of eq. (4.5).

In our work, because we utilize the COBE-FIRAS data to explore  $\gamma \rightarrow A'$  oscillations, photon frequencies satisfying  $x' \gg x_c(z')$  are the dominant contribution to the integration needed to calculate the CMB spectral distortion. Therefore, we approximately have  $P_s(x', z') \simeq 1$ , which corresponds to a pure photon injection. For the injection of low-frequency photons satisfying  $x' < x_0$ , the nonzero chemical potential of the CMB photons has an extra minus sign compared with the chemical potential calculated under the framework of a pure energy injection where  $P_s = 0$ . The opposite sign of  $\mu_{\gamma \rightarrow A'}$  highlights the key difference between our approach, utilizing the full  $\mu$ -era Green's function ( $P_s \simeq 1$ ,  $\mu_{\gamma \rightarrow A'} > 0$ ), and the previous approach, utilizing the  $\mu$ -era Green's function for pure energy injections ( $P_s \simeq 0$ ,  $\mu_{\gamma \rightarrow A'} < 0$ ) [42].

### D.4 Green's function in the $y$ -era

We now introduce the Green's function in the  $y$ -Era, which is written as

$$\begin{aligned} G_y(x; x', z'; T_0) = & \alpha_\rho x' \cdot \left( 1 - P_s(x', z') \frac{e^{(\alpha(x', z') + \beta(x', z')) y_\gamma(z')}}{1 + x' y_\gamma(z')} \right) \frac{\mathbf{Y}(x; T_0)}{4} \\ & + \alpha_\rho x' \cdot \frac{\bar{\rho}_\gamma(T_0)}{2T_0} P_s(x', z') F(x; x', z'). \end{aligned} \quad (\text{D.12})$$

Here,  $\alpha$  and  $\beta$  are defined as

$$\alpha(x', z') = \frac{3 - 2f(x')}{\sqrt{1 + x' y_\gamma(z')}}, \quad \beta(x', z') = \frac{1}{1 + x' y_\gamma(z') [1 - f(x')]}, \quad (\text{D.13})$$

where

$$f(x') = e^{-x'} \left( 1 + \frac{x'^2}{2} \right). \quad (\text{D.14})$$

$F$  is defined as

$$F(x; x', z') = \frac{e^{-\frac{1}{4\beta(x', z') y_\gamma(z')} \{ \log[x(1/x' + y_\gamma(z'))] - \alpha(x', z') y_\gamma(z') \}^2}}{x' \sqrt{4\pi \beta(x', z') y_\gamma(z')}}. \quad (\text{D.15})$$

Here,  $F(x; x', z')$  obeys

$$\int_0^\infty dx F(x; x', z') = \frac{e^{(\alpha(x', z') + \beta(x', z')) y_\gamma(z')}}{1 + x' y_\gamma(z')}, \quad (\text{D.16})$$

which helps us to easily check that eq. (D.12) satisfies the normalization condition of eq. (4.5).

In the late universe, such as during the free-streaming era, the  $y$ -era, or the late stage of the  $\mu$ - $y$  transition era,  $y_\gamma \ll 1$  because CS is inefficient. In such a situation, because  $\alpha, \beta \sim \mathcal{O}(1)$ , we can approximately write the second term in eq. (D.12) as

$$y_\gamma \ll 1: \quad F(x; x', z') \simeq \delta(x - x'). \quad (\text{D.17})$$

In this case, the Green's function in eq. (D.12) can be approximately written as

$$y_\gamma \ll 1: \quad G_y(x; x', z'; T_0) \simeq \alpha_\rho x' \cdot (1 - P_s(x', z')) \frac{\mathbf{Y}(x; T_0)}{4} + \alpha_\rho x' \cdot \frac{\bar{\rho}_\gamma(T_0)}{2T_0} P_s(x', z') \delta(x - x'). \quad (\text{D.18})$$

In the earlier universe,  $F(x; x', z')$  is broadened by CS. By performing a numerical comparison, we find that as long as  $x' y_\gamma$ ,  $\alpha y_\gamma$ , and  $\beta y_\gamma \lesssim 1$ , then  $F(x; x', z')$  can be well approximated by the Gaussian function  $\frac{e^{(\alpha+\beta)y_\gamma}}{1+x'y_\gamma} \frac{e^{-(x-x_{\text{peak}})^2/\sigma^2}}{\sqrt{\pi}\sigma}$  with standard deviation  $\sigma$  and peak location  $x_{\text{peak}}$ . Here, the prefactor multiplying the Gaussian is acquired by imposing the same normalization as eq. (D.16). By matching the peak of the Gaussian and eq. (D.15), we have

$$\sigma = \frac{e^{(\alpha+\beta)y_\gamma}}{1+x'y_\gamma} \sqrt{4\beta y_\gamma x'}, \quad x_{\text{peak}} = \frac{e^{\alpha y_\gamma}}{1+x'y_\gamma} x'. \quad (\text{D.19})$$

From the above equation, we can find that larger  $y_\gamma$  (more efficient CS) or larger  $x'$  (larger photon frequency), corresponds to a wider  $F(x; x', z')$  distribution. In addition, when  $\alpha y_\gamma$  or  $x' y_\gamma$  is larger than  $\mathcal{O}(1)$ , the peak of this distribution will have a significant deviation from  $x = x'$ .

For the exploration of  $\gamma \rightarrow A'$  using COBE-FIRAS data, we have  $\tau_{\text{ff}} \ll 1$  because only the frequency range  $x' \gtrsim 0.1$  inside the integration is relevant. This leads to  $P_s \simeq 1$ , which reveals that the  $\gamma \rightarrow A'$  process corresponds to pure photon removal. In this case, compared with the free-streaming term, the  $y$  distortion term gives a subdominant contribution to the CMB spectral distortion.



## D.5 Green's function for pure energy injection

In this section, we build the connection between the formalisms describing photon injection and pure energy injection which is utilized in [42]. By choosing the  $P_s \rightarrow 0$  limit, which is the case for injected low-frequency photons that are absorbed by the thermal bath, the photon injection Green's function developed in ref. [72] becomes the pure energy injection Green's function developed in ref. [104]. Such an approach allows us to quantitatively demonstrate that the incorrectness in the previous work arises from adopting an opposite limit for  $\gamma \rightarrow A'$ , namely  $P_s \simeq 0$ , whereas the correct limit should be  $P_s \simeq 1$ .

Because  $G(x, x', z'; T_0)/\alpha_\rho x'$  is independent of  $x'$  when  $P_s(x', z') = 0$ , we can define the Green's function for the pure energy injection as

$$G^{\text{th}}(x; z'; T_0) = \left. \frac{G(x; x', z'; T_0)}{\alpha_\rho x'} \right|_{P_s=0}. \quad (\text{D.20})$$

Therefore, we can write eq. (D.1) and eq. (D.2) as

$$\Delta I_\gamma(x; T_0) = \int dz' G^{\text{th}}(x; z'; T_0) \frac{d(Q/\bar{\rho}_\gamma)}{dz'}, \quad (\text{D.21})$$

where the speed of the energy injection can be written as

$$\frac{d(Q/\bar{\rho}_\gamma)}{dz'} = \int dx' \frac{\omega' d\bar{n}_\gamma/dx'}{\bar{\rho}_\gamma} \frac{\Gamma_{\text{inj}}(x', z')}{(1+z')H(z')}. \quad (\text{D.22})$$

Applying eq. (D.20), we can derive the Green's functions for the thermalized energy injection, which are written as

$$G_\mu^{\text{th}}(x; z'; T_0) = \frac{3}{\kappa_c} \mathcal{J}^*(z') \mathbf{M}(x; T_0) + \frac{1 - \mathcal{J}^*(z')}{4} \mathbf{T}(x; T_0) \quad (\text{D.23})$$

for the  $\mu$  distortion, and

$$G_y^{\text{th}}(x; z'; T_0) = \frac{1}{4} \mathbf{Y}(x; T_0) \quad (\text{D.24})$$

for the  $y$  distortion. We can find that eqs. (D.21), (D.23), and (D.24) are all consistent with the formulas shown in ref. [104]. We can also easily verify that both eqs. (D.23) and (D.24) satisfy the normalization condition of the pure energy injection, which is

$$2T_0 \int dx G^{\text{th}}(x; z'; T_0) = \bar{\rho}_\gamma(T_0). \quad (\text{D.25})$$

**Data Availability Statement.** This article has associated data in a data repository.

**Code Availability Statement.** This article has associated code in a code repository.

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