



## A region of high-spin toroidal isomers

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### ARTICLE INFO

#### Article history:

Received 13 May 2014

Received in revised form 13 September 2014

Accepted 6 October 2014

Available online 11 October 2014

Editor: J.-P. Blaizot

#### Keywords:

Toroidal light nuclei

High-K isomeric states

### ABSTRACT

The combined considerations of both the bulk liquid-drop-type behavior and the quantized angular momentum reveal that high-spin toroidal isomeric states may have general occurrences for light nuclei with  $28 \leq A \leq 52$ . High-spin  $N = Z$  toroidal isomers in this mass region have been located theoretically using cranked self-consistent constraint Skyrme–Hartree–Fock model calculations.

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Nuclei as we now know them have sphere-like geometry. Wheeler suggested that under appropriate conditions the nuclear fluid may assume a toroidal shape [1–3]. Toroidal nuclei are however plagued with various instabilities [3], and the search remains elusive [4–6]. It was found previously from the liquid-drop model that a “rotation” about the symmetry axis with an angular momentum  $I = I_z$  above a threshold can stabilize the toroidal nucleus and can lead to a high-spin isomer [7].

The toroidal high-spin isomer, whose large angular momentum  $I = I_z$  must be generated by the alignment of individual nucleon angular momenta along the symmetry axis [8], provides an elegant example in quantum mechanics as how an axially-symmetric system can acquire a quantized angular momentum. Furthermore, the nuclear fluid in the toroidal isomeric state may be so severely distorted by the change from sphere-like geometry to the toroidal shape that it may acquire bulk properties of its own, to make it a distinct type of quantum fluid. Finally, the toroidal high-spin isomer may be a source of energy, as its decay to the ground state can release a large amount of excitation energy. The possibility of toroidal high-spin isomers may stimulate also future reaction studies to explore their production and detection by fusion of two ions at high angular momenta [9,10]. For all these reasons, the investigation on toroidal high-spin isomers is of general interest.

In the liquid-drop model of a toroidal nucleus, we can select the major radius  $R$ , the minor radius  $d$ , the angular momentum

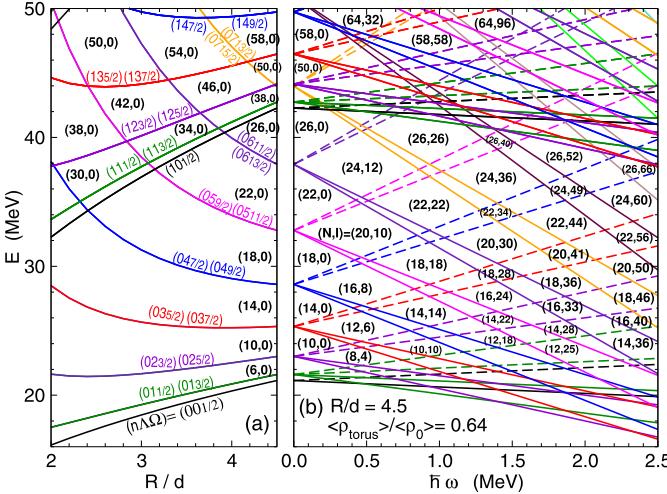
$I = I_z$  about the symmetry axis, and the corresponding rigid-body moment of inertia  $\mathfrak{J}_{\text{rigid}}$  as macroscopic variables. (For a sketch of  $R$  and  $d$ , see Fig. 1 of [3].) The energy  $I(I + 1)/2\mathfrak{J}_{\text{rigid}}$  associated with the angular momentum  $I$  can be called the “rotational” energy. The variation of the rotational energy and the Coulomb energy tend to counterbalance the variation of the surface energy [7]. As a consequence, there is an  $I$ -threshold above which the rotating toroidal nucleus can be stable against a variation of  $R/d$ . The toroidal nucleus is stable also against axially-asymmetric sausage distortions [3] within an  $I$ -window [7]. Beyond the  $I$ -window with  $R/d \gg 1$ , the sausage instabilities (known also as Plateau-Rayleigh instabilities, for review, see [11]) will break the toroid into sausages, which subsequently turn into beads (see e.g. Fig. 2 of [12]).

To study toroidal high-spin states theoretically, we need a systematic way to determine the quantized  $I$  value, which is a non-trivial function of  $N$  and  $Z$ . The quantized  $I$  can be obtained from the single-particle state diagrams under the constraint of a fixed aligned angular momentum. For simplicity, we limit our present studies to even-even  $N = Z$  nuclei. Previously, an investigation of  $^{40}\text{Ca}$  as the evolution of a chain of 10 alpha particles revealed that  $^{40}\text{Ca}$  with  $I = 60\hbar$  may represent a toroidal high-K isomeric state [13], in qualitative agreement with the  $I$ -threshold and  $I$ -window concepts in [7].

Accordingly, we need the energy diagram of the single-particle states in a toroidal nucleus for different aligned angular momenta  $I$ . For  $I = 0\hbar$ , the single-particle potential for a nucleon in a toroidal nucleus with azimuthal symmetry in cylindrical coordinates  $(r, z)$  can be represented by [3]

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**Fig. 1.** (Color online.) (a) Single-particle states of a toroidal nucleus with  $I = 0\hbar$  as a function of  $R/d$ , calculated with  $\langle \rho_{\text{torus}} \rangle / \langle \rho_0 \rangle = 0.64$  and  $A \sim 40$ . Each state is labeled by  $(n, A, \Omega)$ , with  $n = n_z + n_\rho$  and degenerate  $\Omega_z$ . (b) Single-particle Routhians of a toroidal nucleus with  $R/d = 4.5$ , as a function of a cranking frequency  $\hbar\omega$ . Routhians of positive- and negative- $\Omega_z$  states are given by the solid and dashed lines, respectively. The listed pair numbers  $(N, I)$  refer to the occupation number  $N$  and the total angular momentum  $I = I_z$  aligned along the symmetry  $z$ -axis.

$$V_0(r, z) = \frac{1}{2}m\omega_0^2(r - R)^2 + \frac{1}{2}m\omega_0^2z^2, \quad (1)$$

where  $\hbar\omega_0 = [(3\pi R/2d)^{1/3}41/A^{1/3}]\langle \rho_{\text{torus}} \rangle / \langle \rho_0 \rangle$ . We have included the ratio  $\langle \rho_{\text{torus}} \rangle / \langle \rho_0 \rangle$  where  $\langle \rho_{\text{torus}} \rangle$  and  $\langle \rho_0 \rangle$  are the average nuclear densities in the toroidal and the spherical configurations respectively, because the mean-field potential is proportional approximately to the nuclear density. In microscopic calculations,  $\langle \rho_{\text{torus}} \rangle / \langle \rho_0 \rangle$  is found to be approximately 1/2 to 2/3. For  $R \gg d$  and low-lying states with the radial nodal quantum number  $n_\rho = 0$  and the azimuthal nodal quantum number  $n_z = 0$ , the expectation value of the spin-orbit interaction is approximately zero [3], and we can neglect the spin-orbit interaction.

We label a state by  $(n\Lambda\Omega\Omega_z)$ , where  $n = (n_z + n_\rho)$ ,  $\pm\Lambda$  is the  $z$ -component of the orbital angular momentum, and  $\Omega = |\Lambda \pm 1/2|$  is the single-particle total angular momentum with  $z$ -components  $\Omega_z = \pm\Omega$ . For  $R \gg d$ , the single-particle energy of the  $(n_\rho n_z \Lambda \Omega)$  state with  $I = 0\hbar$  is therefore

$$E(n\Lambda\Omega) \sim \hbar\omega_0(n+1) + \frac{\hbar^2\Lambda^2}{2mR^2}. \quad (2)$$

Fig. 1(a) gives the single-particle state energies as a function of  $R/d$  for a toroidal nucleus with  $I = 0\hbar$ .

For a non-collectively rotating toroidal nucleus with aligned angular momentum,  $I = I_z$ , we use a Lagrange multiplier  $\omega$  to describe the constraint  $I_z = \langle \hat{J}_z \rangle = \sum_{i=1}^N \Omega_{zi}$ . The constrained single-particle Hamiltonian becomes  $\hat{h}' = \hat{h} - \omega\hat{J}_z$ , and the aligned angular momentum  $I$  is a step-wise function of the Lagrange multiplier  $\omega$  [14], with each  $I$  spanning a small region of  $\hbar\omega$ . The single-particle Routhian with quantum numbers  $(n\Lambda\Omega\Omega_z)$ , under the constraint of the non-collective aligned angular momentum  $I$  is

$$E(n\Lambda\Omega\Omega_z) \sim \hbar\omega_0(n+1) + \frac{\hbar^2\Lambda^2}{2mR^2} - \hbar\omega\Omega_z. \quad (3)$$

Fig. 1(b) gives the single-particle Routhians as a function of the constraining Lagrange multiplier  $\hbar\omega$ , for a toroidal nucleus with  $R/d = 4.5$ , approximately the aspect ratio for many toroidal nuclei in this region. We can use Fig. 1(b) to determine  $I = I_z$  as a function of  $N$  and  $\hbar\omega$ . Specifically, for a given  $N$  and  $\hbar\omega$ , the aligned

$I_z$ -component of the total angular momentum  $I$  from the  $N$  nucleons can be obtained by summing  $\Omega_{zi}$  over all states below the Fermi energy.

There are shell gaps for different  $(N, I_z)$  configurations in Fig. 1. They represent configurations with relative stability for which additional shell corrections on top of the liquid-drop-type energy surface [15,3] may enhance the stability for toroidal configurations. The energy scales of the  $\hbar\omega$  and  $E$  axes in Fig. 1(b) depend on  $N, R/d, \langle \rho_{\text{torus}} \rangle / \langle \rho_0 \rangle$  which vary individually at different isomeric toroidal energy minima, but the structure of the  $(N, I_z)$  shells and their relative positions in Fig. 1(b) remain approximately the same in this  $A \sim 40$  mass region. We can use Fig. 1(b) as a qualitative guide to explore the landscape of the energy surface for different  $(N, I_z)$  configurations, by employing a reliable microscopic model.

A microscopic theory that includes both the single-particle shell effects and the bulk properties of a nucleus is the Skyrme energy density functional approach in which we solve an equality-constrained problem:

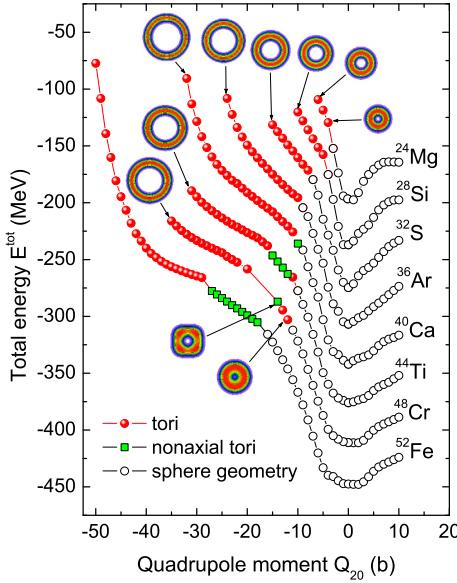
$$\left\{ \begin{array}{l} \min_{\bar{\rho}} E^{\text{tot}}[\bar{\rho}] \\ \text{subject to: } \langle \hat{N}_q \rangle = N_q, \\ \quad \langle \hat{Q}_{\lambda\mu} \rangle = Q_{\lambda\mu}, \\ \quad \langle \hat{J}_i \rangle = I_i, \end{array} \right. \quad (4)$$

where an objective function,  $E^{\text{tot}}[\bar{\rho}] = \langle \hat{H}_{\text{Sk}} \rangle$ , is the Skyrme energy density functional [16]. The constraint functions are defined by average values of the proton/neutron particle-number operator,  $\hat{N}_{p/n}$ , the mass-multiple-moment operators,  $\hat{Q}_{\lambda\mu}$ , and the components of the angular momentum operator  $\hat{J}_i$ .  $N_{p/n} = Z/N$  are the proton/neutron numbers,  $Q_{\lambda\mu}$  are the constraint values of the multiple-moments, and  $I_i$  are the constraint components of the angular momentum vector.

The above constraint equations were solved using an augmented Lagrangian method [17] with the symmetry-unrestricted code HFODD [18]. In the particle-hole channel the Skyrme SkM\* force [19] was applied and a density-dependent mixed pairing [20,21] interaction in the particle-particle channel was used. The code HFODD uses the basis expansion method in a three-dimensional Cartesian deformed harmonic oscillator basis. In the present study, we used the basis which consists of states having not more than  $N_0 = 26$  quanta in the Cartesian directions, and not more than 1140 states.

Our objective is to locate local toroidal figures of equilibrium, if any, in the multi-dimensional search space of  $(A, Q_{20}, I)$ . We first map out the energy landscape for axially-symmetric toroidal shapes under these  $Q_{20}$  and  $I$  constraints, with fine grids in  $Q_{20}$  and all allowed non-collective rotations in  $0 \leq I \leq 132\hbar$  for different  $A$ . If the topographical landscape reveals a local energy minimum then the quadrupole constraint is removed at that minimum and free-convergence is tested to ensure that the non-collectively rotating toroid nucleus is indeed a figure of equilibrium.

For the case of  $I = 0$ , as shown in Fig. 2, the Skyrme–Hartree–Fock–Bogoliubov (HFB) calculations for  $N = Z$  with  $24 \leq A \leq 52$  reveal that as the quadrupole moment constraint,  $Q_{20}$ , decreases to become more negative, the density configurations with sphere-like geometry (open circles) turn into those of an axially-symmetric torus (full circles), as would be expected from the single-particle state diagrams of Fig. 1(a). The energies of axially-symmetric toroidal configurations as a function of  $Q_{20}$  lie on a slope. This indicates that even though the shell effects cause the density to become toroidal when there is a quadrupole constraint, the magnitudes of the shell corrections are not sufficient to stabilize the tori against the bulk tendency to return to sphere-like geometry.

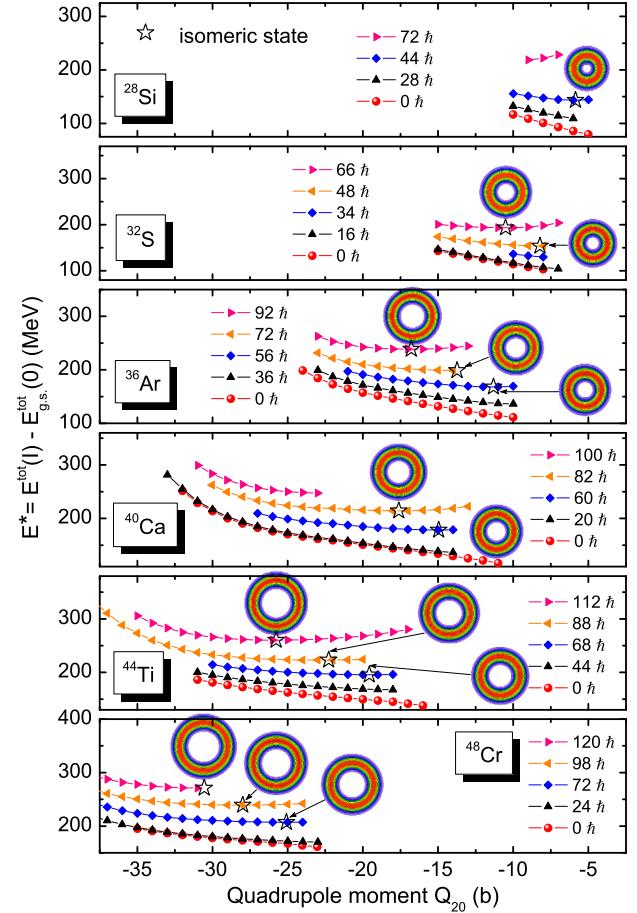


**Fig. 2.** (Color online.) The total HFB energy of  $^{24}\text{Mg}$ ,  $^{28}\text{Si}$ ,  $^{32}\text{S}$ ,  $^{36}\text{Ar}$ ,  $^{40}\text{Ca}$ ,  $^{44}\text{Ti}$ ,  $^{48}\text{Cr}$ , and  $^{52}\text{Fe}$  as a function of the quadrupole moment for the case of  $I = 0$ . Axially-symmetric toroidal configurations are indicated by the full circles, axially-asymmetric toroidal configurations by the full squares, and configurations with a sphere-like geometry by the open circles. Some toroidal density distributions are displayed.

We next extend our Skyrme–HFB calculations further to include both the quadrupole moment  $Q_{20}$  constraint and the angular momentum constraint,  $I = I_z$ . The pairing energies are smaller for toroidal nuclei than with a spherical geometry for a case of  $I = 0$ , additionally pairing interaction is suppressed as the two degenerate  $\pm \Omega_z$  states split apart under the constraining  $\hbar\omega$  when  $I \neq 0$ . We shall carry out the cranking calculations without the pairing interaction, using a Skyrme–HF approach. The results of such calculations for  $28 \leq A \leq 48$  are presented in Fig. 3, where we plot the excitation energy of the high-spin toroidal states relative to the spherical ground state energy,  $E^* = E^{\text{tot}}(I) - E_{\text{g.s.}}^{\text{tot}}(0)$ , as a function of the constrained  $Q_{20}$ , for different quantized  $I$ . For each point  $(Q_{20}, I)$  on an  $I$  curve for a fixed  $A$ , it was necessary to adjust  $\hbar\omega$  judiciously within a range to ensure that the total aligned angular momentum of all nucleons in the occupied states gives the quantized  $I$  value of interest. The energy curves in Fig. 3 become flatter as  $I$  increases, similar to the energy curves in the liquid-drop model as the angular momentum increases [7].

With our systematic method outlined above, we are able to locate many high-spin toroidal isomeric states:  $^{28}\text{Si}(I = 44\hbar)$ ,  $^{32}\text{S}(I = 48, 66\hbar)$ ,  $^{36}\text{Ar}(I = 56, 72, 92\hbar)$ ,  $^{40}\text{Ca}(I = 60, 82\hbar)$ ,  $^{44}\text{Ti}(I = 68, 88, 112\hbar)$ ,  $^{48}\text{Cr}(I = 72, 98, 120\hbar)$ , and  $^{52}\text{Fe}(I = 52, 80, 104, 132\hbar)$  as listed in Table 1. Note that with a fixed initial shape of a ring of 10 alpha particles, the earlier result of [13] finds only a single case of  $^{40}\text{Ca}(I = 60\hbar)$  as an isomeric toroidal figure of equilibrium. However, with the help of Fig. 1(b) and the fine grids in the large multi-dimensional space of  $(A, Q_{20}, I)$ , we find a large number of isomers, demonstrating the general occurrence of toroidal high-spin states. The  $A$  and  $I$  values have their correspondences in the  $(N, I)$  shells in Fig. 1(b). The equilibrium configurations at the energy minima have been tested and found to be self-consistently free-converging after the removal of the quadrupole moment  $Q_{20}$  constraint.

Table 1 gives the properties of the high-spin toroidal isomers in  $28 \leq A \leq 52$ : their  $Q_{20}$ ,  $\hbar\omega$ , and excitation energy  $E^*$  values, obtained with the Skyrme SkM\* interaction. The excitation energy is of order 140–290 MeV. The toroidal density can be



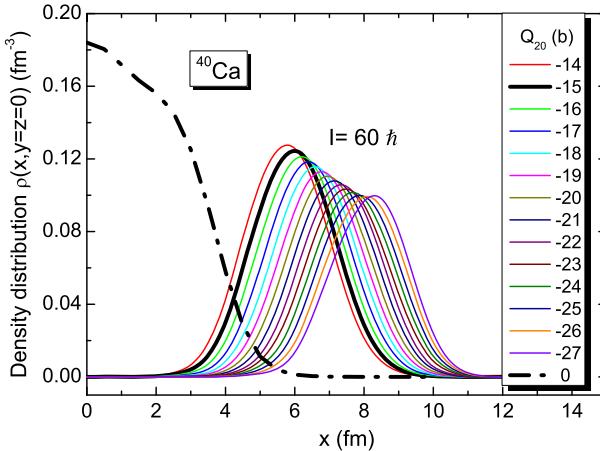
**Fig. 3.** (Color online.) The excitation energy of high-spin toroidal states ( $E^*$ ) of  $^{28}\text{Si}$ ,  $^{32}\text{S}$ ,  $^{36}\text{Ar}$ ,  $^{40}\text{Ca}$ ,  $^{44}\text{Ti}$ , and  $^{48}\text{Cr}$  as a function of  $Q_{20}$  for different angular momentum along the symmetry axis,  $I = I_z$ . The density distributions and locations of isomeric toroidal energy minima are indicated by the star symbols.

**Table 1**  
Properties of high-spin toroidal isomers at their local energy minima in  $28 \leq A \leq 52$ .

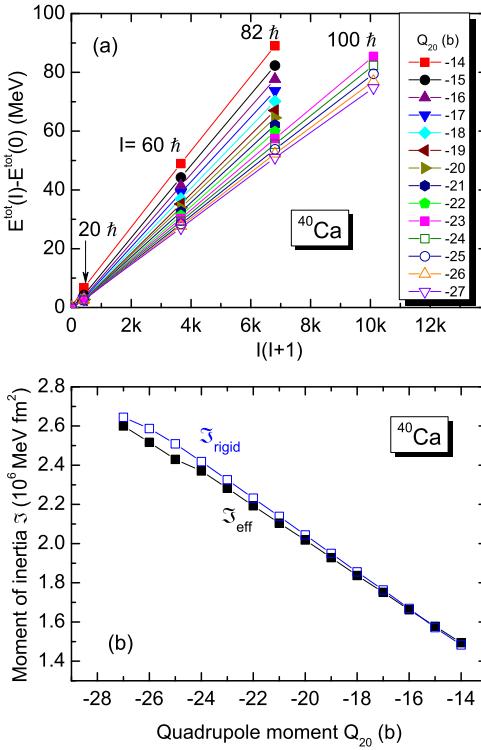
	$I/\hbar$	$Q_{20}$ (b)	$\hbar\omega$ (MeV)	$E^*$ (MeV)	$R$ (fm)	$d$ (fm)	$R/d$	$\rho_{\text{max}}$ (fm $^{-3}$ )
$^{28}\text{Si}$	44	-5.86	2.8	143.18	4.33	1.45	2.99	0.119
$^{32}\text{S}$	48	-8.22	1.9	153.87	4.87	1.42	3.43	0.122
	66	-10.51	2.2	193.35	5.57	1.40	3.98	0.108
$^{36}\text{Ar}$	56	-11.31	1.7	168.03	5.44	1.40	3.88	0.125
	72	-13.73	1.85	198.63	6.04	1.39	4.34	0.113
	92	-16.78	2.0	238.56	6.73	1.37	4.91	0.103
$^{40}\text{Ca}$	60	-14.96	1.5	178.36	5.97	1.40	4.26	0.126
	82	-17.61	1.9	214.23	6.51	1.39	4.68	0.117
	68	-19.57	1.2	195.46	6.55	1.39	4.71	0.128
$^{44}\text{Ti}$	88	-22.27	1.4	223.09	7.01	1.38	5.08	0.120
	112	-25.76	1.6	260.24	7.56	1.37	5.52	0.113
	72	-25.08	1.2	207.12	7.12	1.38	5.16	0.128
$^{48}\text{Cr}$	98	-28.00	1.4	239.26	7.54	1.37	5.50	0.122
	120	-30.55	1.43	271.02	7.90	1.36	5.81	0.118
	52	-29.24	0.8	202.86	7.39	1.38	5.35	0.134
	80	-31.43	0.95	227.54	7.68	1.38	5.56	0.130
$^{52}\text{Fe}$	104	-33.54	1.3	252.65	7.94	1.37	5.79	0.126
	132	-35.62	1.5	288.91	8.20	1.36	6.03	0.123

parametrized as a Gaussian function,  $\rho(r, z) = \rho_{\text{max}} \exp\{-[(r - R)^2 + z^2]/(d^2/\ln 2)\}$ , where  $R$ ,  $d$ , and  $\rho_{\text{max}}$  for isomeric states are listed. While the major radius  $R$  and  $R/d$  increase with increasing  $A$ , the minor radius  $d$  remains to be approximately the same.

We plot in Fig. 4 the density distributions of the toroidal configurations of  $^{40}\text{Ca}$  with  $I = 60\hbar$  as a cut in the radial  $x$ -direction for



**Fig. 4.** (Color online.) The density distributions of  $^{40}\text{Ca}$  for  $I = 60\hbar$  as a cut in the radial direction  $x$  for different  $Q_{20}$ : (i) the thick solid curve is for the equilibrium toroidal configurations at the local energy minimum at  $Q_{20} = -15$ , (ii) the thin line curves are for the other  $Q_{20}$  as labeled, and (iii) the dash-dot curve is for  $^{40}\text{Ca}$  in the spherical ground state.



**Fig. 5.** (Color online.) (a) The total energy difference  $E^{\text{tot}}(I) - E^{\text{tot}}(0)$  as a function of  $I(I+1)$  for toroidal  $^{40}\text{Ca}$  at different  $Q_{20}$ . The inverses of the slopes of different lines give the effective moments of inertia  $\mathfrak{J}_{\text{eff}}$ . (b) The effective moments of inertia  $\mathfrak{J}_{\text{eff}}$  and the rigid body moments of inertia  $\mathfrak{J}_{\text{rigid}}$  as a function of  $Q_{20}$  for toroidal  $^{40}\text{Ca}$ .

different  $Q_{20}$ . One notes that the average density for  $^{40}\text{Ca}(I = 60\hbar)$  at the toroidal energy minimum of  $Q_{20} = -15$  b (thick solid curve) is only 0.64 of the average nuclear density for a spherical  $^{40}\text{Ca}$  (dash-dot curve).

To gain new insights into the nature of the non-collective rotational motion, we determine an effective moment of inertia  $\mathfrak{J}_{\text{eff}}$  for toroidal  $^{40}\text{Ca}$  from the total energy of the system as a function of  $I$  as  $E^{\text{tot}}(I) = E^{\text{tot}}(0) + I(I+1)/2\mathfrak{J}_{\text{eff}}$ . Using the results in Fig. 3, we find in Fig. 5(a) that such a linear dependence between  $E^{\text{tot}}(I) - E^{\text{tot}}(0)$  and  $I(I+1)$  holds for different  $Q_{20}$ . An effective

moment of inertia  $\mathfrak{J}_{\text{eff}}$  can be extracted as a function of  $Q_{20}$ . On the other hand, for different  $Q_{20}$ , one can calculate the rigid-body moment of inertia  $\mathfrak{J}_{\text{rigid}} = m_N 2\pi^2 R(d^2/\ln 2)\rho_{\text{max}}[R^2 + 3/(2\ln 2)d^2]$  from the density distributions in Fig. 4. The comparison of  $\mathfrak{J}_{\text{eff}}$  and  $\mathfrak{J}_{\text{rigid}}$  in Fig. 5(b) indicates the approximate equality of  $\mathfrak{J}_{\text{eff}}$  and  $\mathfrak{J}_{\text{rigid}}$ . This is in agreement with the result of Bohr and Mottelson who showed that the moment of inertia associated with the alignment of single-particle orbits along an axis of symmetry is equal to the rigid-body moment of inertia [22] and justifies the use of  $\mathfrak{J}_{\text{rigid}}$  in the earlier liquid-drop model of a rotating toroidal nucleus in [7].

It is clear from Fig. 1(b) that large shell effects are expected for some odd  $N$  and  $Z$  at various  $I$  values, and for combining different  $(N, I_N)$  with  $(Z, I_Z)$  at the same  $\hbar\omega$ . Hence light toroidal nuclei with odd- $N$ , odd- $Z$ , and  $N \neq Z$  may be possible. The large shell gaps for  $(N, I) = (58, 58\hbar)$ ,  $(64, 32\hbar)$ , and  $(64, 96\hbar)$  call for future exploration of high-spin toroidal isomers in the mass region of  $A \sim 120$ .

In conclusion, under the considerations of the aligned single-particle angular momentum and the bulk behavior, the constrained self-consistent Skyrme–Hartree–Fock model calculations reveal that high-spin toroidal isomers may have general occurrences in the mass region of  $28 \leq A \leq 52$ . Experimental search for these nuclei may allow the extraction of the bulk properties of this new type of nuclear fluid and its possible utilization as a source of energy.

## Acknowledgements

The authors wish to thank Drs. Jerzy Dudek, Vince Cianciolo, and I-Yang Lee for helpful discussions. This work was supported in part by the Division of Nuclear Physics, U.S. Department of Energy, U.S.A., Contract No. DE-AC05-00OR22725.

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